

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club
1	95	Vermeulen	Lester	Averbode	M1	KAN	
2	93	Van Hauwermeiren	Lucas	Kampenhout	M2	KAN	ROBA
3	92	Speleers	Liene	Houthalen	V1	KAN	
4	54	Daniels	Alexander	Molenstede	M3	KAN	
5	88	Jacquemyn	Lia	Diest	V2	KAN	
6	9999						
7	96	Jonckers	Milo	Bekkevoort	M4	KAN	
8	87	Helsen	Josefien	Laakdal	V3	KAN	
9	99	Danckers	Sem		M5	KAN	
10	98	Oliviers	Felix	Tienen	M6	KAN	
11	90	Missotten	Emma	Glabbeek	V4	KAN	
12	94	Vandijck	Aster	Geetbets	M7	KAN	
13	51	Wittevrouw - Duportail	Remi	Diest	M8	KAN	
14	52	Adriaens	Sam	Kortenaken	V5	KAN	
15	53	Adriaens	Fien	Kortenaken	V6	KAN	
16	91	Moons	Aster	Laakdal	M9	KAN	
17	100	Houben	Loïc	Schaffen	M10	KAN	
18	31	Houben	Joren	Schaffen	M11	KAN	
19	97	Van Thienen	Lou	Ramsel	V7	KAN	
20	89	Micheels	Tuur	Diest	M12	KAN	

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club
1	9	Helsen	Fons	Laakdal	M1	BEN	Looise AV
2	19	Verbruggen	Birger	Aarschot	M2	BEN	Roba
3	34	Biesmans	Seth	Diest	M3	BEN	ROBA
4	18	Speleers	Lotte	Houthalen	V1	BEN	AVT
5	33	Poelmans	Sep	Diest	M4	BEN	ROBA
6	22	Vervloet	Lucas		M5	BEN	Roba Wespelaar
7	29	Vandyck	Helena Sol	Diest	V2	BEN	ROBA
8	10	Henrioulle	Victor	Webbekom	M6	BEN	
9	12	Koninckx	Liv	Diest	V3	KAN	
10	49	Verstraete	Pol	Langdorp	M7	KAN	
11	14	Pauwels	Colette	Zichem	V4	BEN	ROBA
12	21	Verstraete	Max	Langdorp	V5	BEN	Roba Betekom
13	8	Haven	Lucie	Aarschot	V6	BEN	ROBA Betekom
14	7	Goemans	Tibo	Diest	M8	BEN	Roba Diest
15	30	Vandyck	Otis Joaquin	Diest	M9	KAN	
16	28	Stockmans	Nic	Bekkevoort	M10	BEN	ROBA Diest
17	26	Danckers	Gijs	Assent	M11	MIN	
18	35	Adriaens	Loes	Kortenaken	V7	KAN	
19	37	Speelmans	East		M12	KAN	

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club
1	23	Vos	Joppe	Wezemaal	M1	MIN	ROBA betekom
2	11	Janssens	Fille	Glabbeek	M2	PUP	
3	17	Speleers	Fien	Houthalen	V1	PUP	AVT
4	15	Peeters	Rune	Binkom	M3	PUP	RCT
5	27	Dobbelaere	Daan	Diest	M4	MIN	
6	25	Lambrechts	Stella	Diest	V2	MIN	ROBA
7	16	Speelmans	Cosette	Diest	V3	PUP	
8	32	Poelmans	Marit	Diest	V4	MIN	
9	13	Mertens	Jill	Zichem	V5	PUP	
10	36	Bruijneel	Wanne	Diest	M5	PUP	

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	26	Fieren	Seppe	Erps-Kwerps	M1	SEN	A-team	00:15:25	19.46	03:05
2	486	Raus	Milo	Zichem	M2	SEN	A-Team	00:15:47	19.01	03:09
3	30	Oliviers	Sanne	Tienen	M3	MAS+35	SQM Running...	00:16:11	18.54	03:14
4	25	Jorissen	Roel	Assent	M4	MAS+35	ROBA	00:16:14	18.48	03:14
5	455	De Vos	Tobias	Wezemaal	M5	SCH	ROBA	00:16:59	17.66	03:23
6	10	Verstraete	Liano	Kaggevinne	M6	SCH	ROBA	00:17:08	17.51	03:25
7	2016	De Rooy	Andy	Grobendonk	M7	MAS+50	Coyote sports...	00:17:16	17.37	03:27
8	460	Everaerts	Daan	Rillaar	M8	SCH	ROBA	00:17:19	17.32	03:27
9	471	Mans	Steve	Testelt	M9	MAS+40	SQM Running...	00:17:24	17.24	03:28
10	53	Cumps	Stan	Ramsel	M10	SEN		00:17:26	17.21	03:29
11	464	Koopmans	Michael	Rummen	M11	SEN	ODB CYCLIN...	00:17:35	17.06	03:31
12	2011	Van Santvoort	Thibo	Westerlo	M12	CAD	De Dorpspomp	00:17:41	16.97	03:32
13	2017	Deflem	Kenny	Tienen	M13	SEN	RCT	00:17:56	16.73	03:35
14	2022	Sonck	Ruth	Tienen	V1	MAS+35	SQM Running...	00:18:22	16.33	03:40
15	448	Cools	Benno	Averbode	M14	CAD	ROBA Diest	00:18:41	16.06	03:44
16	445	Celis	Lowie	Diest	M15	CAD	ROBA	00:18:46	15.99	03:45
17	12	Weckx	Ferre	Kortenaken	M16	CAD	ROBA Diest	00:18:53	15.89	03:46
18	2020	Wouters	Chriske	Diest	M17	MAS+50	SQM Running...	00:19:14	15.6	03:50
19	50	Van Elsen	Lanzlo	Diest	M18	SCH		00:19:20	15.52	03:52
20	466	Laureys	Daan	Scherpenheuvel-Zichem	M19	SCH	ROBA	00:19:39	15.27	03:55
21	48	Neen	Vincent	Diest	M20	SCH		00:19:49	15.14	03:57
22	32	Verlye	Davy	Hulshout	M21	SEN		00:19:50	15.13	03:58
23	39	De Pauw	Roméo	Rotselaar	M22	CAD	ROBA	00:19:51	15.11	03:58
24	40	De Pauw	Wim	Rotselaar	M23	MAS+50	ROBA	00:19:54	15.08	03:58
25	461	Everaerts	Ward	Rillaar	M24	CAD	ROBA	00:20:02	14.98	04:00
26	52	Rouffa	Peter	Hasselt	M25	MAS+50		00:20:24	14.71	04:04
27	47	Korthout	Nils	Tessengerlo	M26	MAS+35		00:20:30	14.63	04:06
28	491	Reubens	Noah	Averbode	M27	MIN	ROBA Diest	00:20:35	14.57	04:07
29	24	Artoos	Bent	Molenstede	M28	SCH	ROBA	00:20:36	14.56	04:07
30	482	Op de Beeck	Werner	Ramsel	M29	MAS+45		00:20:39	14.53	04:07
31	49	Bruijneel	Ghunter	Diest	M30	MAS+50		00:21:06	14.22	04:13
32	470	Maes	Nette	Rotselaar	V2	SCH	ROBA	00:21:14	14.13	04:14
33	2015	Wilmaers	Kelly	Tielt-Winge	V3	MAS+40	DCLA Halen	00:21:26	14	04:17
34	492	Rouffa	Jurgen	Glabbeek	M31	MAS+50		00:21:32	13.93	04:18
35	67	Bonroy	Max	Diest	M32	PUP	ROBA	00:21:35	13.9	04:19
36	1	Van der Wildt	Bent	Diest	M33	MIN	ROBA Diest	00:21:38	13.87	04:19
37	41	De Pauw	Aïnoa	Rotselaar	V4	MIN	ROBA	00:22:10	13.53	04:26
38	2012	Van Slycke	Sarah	Zoutleeuw	V5	MAS+45	ROBA	00:22:13	13.5	04:26
39	457	Dendas	Jo	Diest	M34	MAS+45	ROBA	00:22:17	13.46	04:27
40	2	Van Lancker	Nell	Waanrode	V6	CAD	ROBA	00:22:22	13.41	04:28
41	496	Speelmans	Jack	Diest	M35	MIN		00:22:25	13.38	04:29
42	497	Speelmans	Wannes	Diest	M36	MAS+40		00:22:27	13.36	04:29
43	9	Verschueren	Frank	Pelt	M37	MAS+65		00:22:28	13.35	04:29
44	2019	Luts	Daniël	Engsbergen	M38	MAS+70	DCLA Halen	00:22:32	13.31	04:30
45	484	Pauwels	Dries	Diest	M39	SEN		00:22:35	13.28	04:31
46	5	Vandeput	Eric	Glabbeek	M40	MAS+55	Katweif	00:22:43	13.21	04:32
47	2010	Van Santvoort	Theo	Westerlo	M41	MAS+50	De Dorpspomp	00:22:53	13.11	04:34
48	459	Depré	Jan	Hasselt	M42	MAS+55		00:22:53	13.11	04:34
49	42	Kolenberg	Senn	Diest	M43	MIN		00:23:06	12.99	04:37
50	38	Van Rillaer	Katrien	Betekom	V7	MAS+50	ROBA	00:23:26	12.8	04:41

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
51	2004	Geleyn	Thieu	Bekkevoort	M44	MAS+45		00:23:33	12.74	04:42
52	493	Sallaerts	Saartje	Houthalen	V8	MAS+35	AVT	00:23:38	12.69	04:43
53	36	Weckhuysen	Serge	Betekom	M45	MAS+50	ROBA	00:23:42	12.66	04:44
54	2007	Coeckelberghs	Rob	Drieslinter	M46	MAS+40	RCT atletiek	00:23:51	12.58	04:46
55	54	Verherstraeten	Nick	Testelt	M47	MAS+35	De Dorpspomp	00:23:52	12.57	04:46
56	37	Heiremans	Katleen	Betekom	V9	MAS+50	ROBA	00:24:08	12.43	04:49
57	451	Dasque	Roos	Kersbeek-Miskom	V10	MAS+35	DCLA Halen	00:24:18	12.35	04:51
58	2014	Arnauts	Kirsten	Neerlinter	V11	MAS+50	KARWEIf	00:24:24	12.3	04:52
59	488	Renders	Elijah	Scherpenheuvel	M48	MIN		00:24:42	12.15	04:56
60	2026	Middel	Ine	Ramsel	V12	MAS+65		00:24:49	12.09	04:57
61	453	De Meyer	Lena	Kersbeek-Miskom	V13	CAD	DCLA Halen	00:24:51	12.07	04:58
62	462	Janssens	Fille	Glabbeek	M49	PUP		00:24:52	12.06	04:58
63	498	Swinnen	Dylan	Bekkevoort	M50	SEN		00:24:55	12.04	04:59
64	475	Mombaerts	Els	Linter	V14	MAS+50		00:24:59	12.01	04:59
65	443	Camps	Stephen	Koersel	M51	CAD		00:25:04	11.97	05:00
66	46	Huyskens	Jana	Diest	V15	MAS+35		00:25:12	11.9	05:02
67	499	Uytterhoeven	Peter	Tremelo	M52	MAS+55	Berglopers	00:25:14	11.89	05:02
68	446	Cespedes	Ann	Diest	V16	MAS+40		00:25:25	11.8	05:05
69	472	Mertens	Cruz	Zichem	M53	MIN	ROBA	00:25:28	11.78	05:05
70	56	Vandereyken	Tuur	Schaffen	M54	MIN	ROBA Diest	00:25:33	11.74	05:06
71	2009	Fastenaekels	Leslee	Westerlo	V17	MAS+40	De Dorpspomp	00:25:34	11.73	05:06
72	494	Sevenants	Patrick	Diest	M55	MAS+60	Kapsalon Luc	00:25:53	11.59	05:10
73	490	Renders	Mateo	Scherpenheuvel	M56	CAD		00:25:56	11.57	05:11
74	2025	Maus	Jan	Ramsel	M57	MAS+65		00:26:15	11.43	05:15
75	489	Renders	Luka	Scherpenheuvel	M58	SCH		00:26:16	11.42	05:15
76	65	Mertens	Lore	Binkom	V18	SEN		00:26:17	11.41	05:15
77	456	Dekeyser	Lana	Kaggevinne	V19	MIN	ROBA	00:26:21	11.39	05:16
78	476	Mutert	Anna	Diest	V20	PUP	ROBA	00:26:21	11.39	05:16
79	63	Moors	Mathias	Diest	M59	MAS+40		00:26:39	11.26	05:19
80	7	Vanheer	Petra	Diest	V21	MAS+45		00:26:42	11.24	05:20
81	2023	Fleurackers	Cato	Schriek	V22	SEN	BONH	00:26:44	11.22	05:20
82	4	Vandebosch	Wim	Diest	M60	MAS+35		00:26:45	11.21	05:21
83	444	Celis	Koen	Diest	M61	MAS+40		00:26:47	11.2	05:21
84	2024	Cambré	Sandra	Herentals	V23	MAS+50	Coyote Sports...	00:26:59	11.12	05:23
85	68	Werbrouck	Tom	Scherpenheuvel	M62	MAS+45	ROBA	00:27:01	11.1	05:24
86	34	Vanhove	Bert	Keerbergen	M63	MAS+60	Geshaalopers	00:27:03	11.09	05:24
87	447	Claes	Linus	Diest	M64	MIN	ROBA	00:27:10	11.04	05:26
88	473	Minnart	Elise	Assent	V24	SCH	ROBA	00:27:14	11.02	05:26
89	23	Vermeulen	Cilina	Scherpenheuvel	V25	MIN	ROBA	00:27:16	11	05:27
90	21	Vermeulen	Kris	Scherpenheuvel	M65	MAS+40		00:27:18	10.99	05:27
91	70	Collier	Eva	Diest	V26	SCH		00:27:20	10.98	05:28
92	71	Collier	Roger	Diest	M66	MAS+45		00:27:21	10.97	05:28
93	17	Bloemmen	Ulrike	Grathem (NL)	V27	MAS+45		00:27:30	10.91	05:30
94	11	Vertommen	Elke	Kortenaken	V28	MAS+45	Coyote sports...	00:27:32	10.9	05:30
95	51	Janssens	Sven	Testelt	M67	MAS+35	ROBA	00:27:40	10.84	05:32
96	454	De Meyer	Lotte	Kortenaken	V29	MIN	DCLA-Halen	00:27:43	10.82	05:32
97	452	De keersmaecker	Basiel	Diest	M68	MIN	ROBA Diest	00:27:51	10.77	05:34
98	27	Potemans	Roger	Gelrode	M69	MAS+70	Sportiva Gelro...	00:27:56	10.74	05:35
99	35	De Wachter	Carine	Keerbergen	V30	MAS+60		00:28:04	10.69	05:36
100	58	Bergen	Nicole	Messelbroek	V31	MAS+55		00:28:05	10.68	05:37

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
101	2021	Guldolf	Dries	Aarschot	M70	MAS+35	Sportiva Gelro...	00:28:07	10.67	05:37
102	477	Mutert	Kristof	Diest	M71	MAS+45		00:28:24	10.56	05:40
103	465	Laeveren	Tove		V32	SEN		00:28:53	10.39	05:46
104	8	Verhelst	Stephanie	Molenstede	V33	SEN		00:29:00	10.34	05:48
105	33	Diden	Evelyn	Averbode	V34	MAS+35		00:29:05	10.32	05:49
106	2006	Geuvens	Katrien	Drieslinter	V35	MAS+40		00:29:07	10.3	05:49
107	64	Moors	Mien	Diest	V36	MIN	ROBA	00:29:18	10.24	05:51
108	2008	Celis	Hilde	Molenstede	V37	MAS+55		00:29:24	10.2	05:52
109	3	Vancraybex	Louise	Diest	V38	SEN		00:29:46	10.08	05:57
110	31	Eijckmans	Eric	Laakdal	M72	MAS+60		00:30:00	10	06:00
111	16	Zwyzen	Seppe	Assent	M73	PUP	ROBA Diest	00:30:11	9.94	06:02
112	6	Vandereyken	Noor	Schaffen	V39	PUP	ROBA	00:30:12	9.93	06:02
113	483	Pauwels	Briek	Zichem	M74	PUP	ROBA	00:30:14	9.92	06:02
114	60	Lorreyne	Sofie	Scherpenheuvel	V40	MAS+35		00:30:22	9.88	06:04
115	59	Jacobs	Maarten	Scherpenheuvel	M75	MAS+35		00:30:23	9.87	06:04
116	15	Wittevrouw	Nora	Diest	V41	MIN	ROBA	00:30:25	9.86	06:05
117	61	Moors	Annette	Diest	V42	PUP	ROBA	00:30:26	9.86	06:05
118	62	Laurys	Ine	Diest	V43	MAS+40		00:30:30	9.84	06:06
119	28	Cultiaux	Iris	Veerle	V44	MAS+45	De Bosvrienden	00:30:43	9.77	06:08
120	29	Janssens	Emilia	Veerle	V45	SCH		00:30:44	9.76	06:08
121	13	Wildiers	Bart	Walem	M76	MAS+35		00:30:46	9.75	06:09
122	55	Verherstraeten	Raf	Herselt	M77	MAS+60	De Dorpspomp	00:30:48	9.74	06:09
123	69	Gysemans	Michel	Heist o/d Berg	M78	MAS+80	Dorpspomp	00:30:49	9.73	06:09
124	440	Bekaert	Nova	Tienen	V46	BEN	Family of seven	00:30:52	9.72	06:10
125	478	Nijs	Wannes	Averbode	M79	PUP	ROBA	00:30:53	9.71	06:10
126	450	Cuypers	Rik	Zichem	M80	PUP	ROBA Diest	00:30:54	9.71	06:10
127	463	Janssens	Jules	Zichem	M81	PUP	ROBA	00:30:56	9.7	06:11
128	57	Schepens	Margot	Tielt-Winge	V47	MAS+40		00:30:57	9.69	06:11
129	441	Bergmans	Fran	Diest	V48	PUP	ROBA	00:31:01	9.67	06:12
130	500	Van Bragt	Sara	Zichem	V49	MAS+40	ROBA	00:31:02	9.67	06:12
131	14	Wittevrouw	Maya	Diest	V50	JUN	ROBA	00:31:09	9.63	06:13
132	45	Anthonis	Rudi	Tremelo	M82	MAS+65	Bowling Club...	00:31:21	9.57	06:16
133	2001	Van Lier	Stefan	Tremelo	M83	MAS+65		00:31:34	9.5	06:18
134	487	Renders	Arlo	Scherpenheuvel	M84	BEN		00:31:43	9.46	06:20
135	474	Missotten	Dieter	Glabbeek	M85	MAS+40		00:31:46	9.44	06:21
136	44	Willems	Marc	Baal	M86	MAS+55	Bowling Cent...	00:32:11	9.32	06:26
137	480	Noels	Marie	Beringen	V51	JUN		00:32:14	9.31	06:26
138	479	Noels	Emma	Paal	V52	SEN		00:32:15	9.3	06:27
139	2018	Wouters	Lies	Diest	V53	JUN	Running Crew...	00:32:17	9.29	06:27
140	22	Maris	Jona	Scherpenheuvel	V54	MAS+40		00:32:19	9.28	06:27
141	2013	Robberechts	Eva	Neerlinter	V55	MAS+40	KARWEIf	00:32:21	9.27	06:28
142	43	Van den Wyngaert	Nancy	Keerbergen	V56	MAS+55		00:32:25	9.25	06:29
143	449	Couvreur	Lies	Glabbeek	V57	MAS+55	Karweif	00:32:29	9.24	06:29
144	19	Piron	Anouk		V58	MAS+40		00:32:31	9.23	06:30
145	485	Peiten	Elise	Kortenaken	V59	MIN		00:32:41	9.18	06:32
146	495	Sijmens	Staf	Tielt-Winge	M87	CAD		00:33:04	9.07	06:36
147	468	Maddens	Eline	Schaffen	V60	BEN	Team ELFS	00:33:37	8.92	06:43
148	469	Maddens	Frederik	Schaffen	M88	MAS+40	Team ELFS	00:33:39	8.92	06:43
149	442	Bijnens	Femke	Diest	V61	MAS+35		00:33:41	8.91	06:44
150	481	Op de Beeck	Suzy	Tremelo	V62	MAS+55	Berglopers	00:33:50	8.87	06:46

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
151	66	De Winter	An	Langdorp	V63	MAS+45		00:34:40	8.65	06:56
152	18	Volders	Elise		V64	MAS+35		00:34:57	8.58	06:59
153	20	Deltour	Nele		V65	MAS+40		00:34:59	8.58	06:59

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	671	Dillen	Bram	Kaggevinne	M1	SEN		00:33:42	17.09	03:30
2	3013	Opsomer	Tom	Hoegaarden	M2	MAS+40		00:33:49	17.03	03:31
3	733	Lenaers	Tim	Rotselaar	M3	SEN	ROBA	00:34:23	16.75	03:34
4	734	Vossius	Peter	Wellen	M4	MAS+45	SQM Runningteam	00:34:38	16.63	03:36
5	3022	Trappeniers	Philip	Schaffen	M5	MAS+45		00:34:56	16.49	03:38
6	745	Van Santvoort	Thibo	Zoerle-Parwijs	M6	CAD	De Dorpspomp	00:35:11	16.37	03:39
7	725	Theys	Kevin	Tienen	M7	MAS+40	SQM Running team	00:35:31	16.22	03:41
8	3010	Spitz	Thomas	Schaffen	M8	MAS+40		00:36:02	15.99	03:45
9	667	Décarpentrie	Mathias		M9	SEN		00:36:04	15.97	03:45
10	717	De Rooy	Andy	Grobbendonk	M10	MAS+50	Coyote sports team	00:36:09	15.93	03:45
11	3002	Verlinden	Herwig	Messelbroek	M11	MAS+60	RSCA	00:36:12	15.91	03:46
12	739	Hendrickx	Jens	Zonhoven	M12	SEN		00:36:15	15.89	03:46
13	721	Houben	Raf	Schaffen	M13	MAS+40		00:36:40	15.71	03:49
14	738	Beelen	Tillo	Geetbets	M14	MAS+35	DCLA	00:36:46	15.67	03:49
15	742	De Bruyn	Toon	Tielt-Winge	M15	SEN	Kieke	00:36:59	15.57	03:51
16	668	Deferm	Daan	Diest	M16	SEN		00:37:01	15.56	03:51
17	708	Verstrepen	Tim	Langdorp	M17	MAS+45		00:37:14	15.47	03:52
18	712	Waterschoot	Eric	Lummen	M18	MAS+55	Stad Diest	00:37:45	15.26	03:55
19	3005	Van Coppenolle	Wannes	Houwaart	M19	SEN		00:37:49	15.23	03:56
20	695	Timmers	Bernard	Scherpenheuvel	M20	MAS+45	ROBA	00:37:59	15.16	03:57
21	740	Claes	Hannes	Tienen	M21	MAS+35	RISC	00:38:21	15.02	03:59
22	718	Oliviers	Sanne	Tienen	M22	MAS+35	SQM Running Team	00:38:22	15.01	03:59
23	3024	Wouters	Chriske	Diest	M23	MAS+50	SQM Running Team	00:38:37	14.92	04:01
24	732	Beckers	Joris	Diest	M24	MAS+45		00:38:43	14.88	04:01
25	3026	Verboven	Vincent	Zichem	M25	MAS+40	Blijven lopen s-z	00:39:03	14.75	04:04
26	743	Vansimpson	Arthur	Diest	M26	SEN		00:39:12	14.69	04:05
27	678	Hollebecq	Hannes	Diest	M27	MAS+40		00:39:30	14.58	04:06
28	664	D'avelino	Michael	Aywaille	M28	MAS+50	SER ATHL	00:39:32	14.57	04:07
29	676	Henderix	Kris	Testelt	M29	MAS+50	Weefbergrunners	00:40:03	14.38	04:10
30	728	Van Bael	Danny	Messelbroek	M30	MAS+55	Kapsalon Luc	00:40:24	14.26	04:12
31	726	Laeremans	Tim	Tielt-Winge	M31	MAS+40		00:40:29	14.23	04:13
32	711	Hendrickx	Jannis	Diest	M32	SEN	Stad Diest	00:40:35	14.19	04:13
33	669	Deferm	Ward	Leuven	M33	SEN		00:40:37	14.18	04:13
34	700	Vande Reyde	Maurits	Diest	M34	MAS+40	Project Durf	00:40:42	14.15	04:14
35	688	Putseys	Raf	Rotselaar	M35	MAS+45		00:40:49	14.11	04:15
36	684	Micheels	Dieter	Diest	M36	SEN		00:41:00	14.05	04:16
37	3028	Peeters	Karen	Schriek	V1	MAS+55	BONH	00:41:12	13.98	04:17
38	691	Roland	Thomas	Diest	M37	MAS+45		00:41:28	13.89	04:19
39	741	Proost	Kris	Balen	M38	MAS+55	JMT Mol	00:41:30	13.88	04:19
40	665	De Vos	Bart	Wezemaal	M39	MAS+35		00:41:35	13.85	04:19
41	670	Degelaen	Dirk	Zichem	M40	MAS+50	ROBA	00:41:44	13.8	04:20
42	722	Poelmans	Johan	Diest	M41	MAS+40		00:42:31	13.55	04:25
43	720	Vervloesem	Michael	Pelt	M42	SEN		00:42:42	13.49	04:26
44	724	Saenen	Tom	Tessengerlo	M43	MAS+50	Bosvrienden	00:43:11	13.34	04:29
45	3027	Doms	Stijn	Geetbets	M44	MAS+35		00:43:31	13.24	04:31
46	694	Tielens	Vik	Diest	M45	SEN		00:44:15	13.02	04:36
47	3015	Wendrix	Michael	Lommel	M46	MAS+35	Dalo lommel	00:44:47	12.86	04:39
48	3023	Walravens	Mario	Nossegem	M47	MAS+50	Tessengerlo Group	00:45:05	12.78	04:41
49	682	Janssen	Liv	Diest	V2	SCH	ROBA Diest	00:45:09	12.76	04:42
50	690	Roland	Jonas	Diest	M48	SCH	ROBA	00:45:10	12.75	04:42

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
51	3017	Van Slycke	Sarah	Zoutleeuw	V3	MAS+45	ROBA	00:45:17	12.72	04:43
52	707	Verschueren	Frank	Pelt	M49	MAS+65		00:45:22	12.7	04:43
53	666	De Winter-Pieters	Tom	Lubbeek	M50	MAS+40		00:45:57	12.54	04:47
54	729	Lambrechts	Maarten	Diest	M51	MAS+45		00:46:28	12.4	04:50
55	727	Speelmans	Jordy	Diest	M52	SEN		00:46:34	12.37	04:51
56	680	Janssen	Finne	Diest	V4	CAD	Roba Diest	00:47:29	12.13	04:56
57	681	Janssen	Jef	Diest	M53	MAS+45		00:47:45	12.06	04:58
58	3011	Craps	Diederik	Kessel Lo	M54	SEN		00:48:01	12	05:00
59	714	Janssens	Arne	Aarschot	M55	SEN	Stad Diest	00:48:17	11.93	05:01
60	713	Mollen	Arne		M56	SEN	Stad Diest	00:48:19	11.92	05:01
61	697	Trouillez	Katja	Lubbeek	V5	MAS+40		00:48:32	11.87	05:03
62	746	Beckers	Paul	Kagevinne	M57	MAS+60		00:48:43	11.82	05:04
63	677	Hollanders	Rony	Diest	M58	MAS+45		00:48:52	11.79	05:05
64	716	De Keersmaecker	Brecht	Diest	M59	MAS+45	ROBA	00:49:00	11.76	05:06
65	3021	Robert	Aur�lie	Glabbeek	V6	MAS+40		00:49:49	11.56	05:11
66	679	Jacobs	Laurens	Heverlee	M60	SEN		00:51:23	11.21	05:21
67	661	Beck	Kamiel		M61	SEN		00:51:25	11.2	05:21
68	735	Robert	Kim	Hoegaarden	V7	SEN	Hoegaarden	00:51:50	11.11	05:23
69	3030	Robert	Peter	Hoegaarden	M62	MAS+55	Hoegaarden	00:52:01	11.07	05:25
70	686	Pierre	Bram	Meensel-Kiezegem	M63	SEN	Kiezegem kermis	00:52:05	11.06	05:25
71	710	Verstraete	Peter	Grathem (NL)	M64	MAS+55		00:52:35	10.95	05:28
72	715	Laurys	Liesbet	Diest	V8	MAS+45		00:53:27	10.78	05:34
73	689	Puttevils	Koen	Tielt-Winge	M65	MAS+45	Kiezegem Kermis	00:54:24	10.59	05:40
74	736	Sol	Levi	Putte	M66	MAS+55		00:55:00	10.47	05:43
75	702	Vaneckhout	Steve	Diest	M67	MAS+40		00:55:23	10.4	05:46
76	731	Moors	Gust	Diest	M68	CAD		00:55:31	10.38	05:46
77	747	Tuerlinckx	Rosanne	Zichem	V9	SCH	ROBA	00:55:32	10.37	05:47
78	709	Willems	Vicky	Kersbeek-Miskom	V10	MAS+45		00:55:33	10.37	05:47
79	687	Poelmans	Finn	Meldert	V11	SCH	ROBA	00:55:43	10.34	05:48
80	674	Goossens	Dieuwke	Lummen	V12	SCH		00:55:50	10.32	05:48
81	699	Van Emelen	Lisa	Diest	V13	SCH	ROBA	00:55:53	10.31	05:49
82	673	Geeraerts	Hanne	Paal	V14	SEN		00:56:07	10.26	05:50
83	693	Tielens	Alice	Lummen	V15	SCH	ROBA	00:56:13	10.25	05:51
84	744	Taskin	Nore	Averbode	V16	KAN	ROBA Diest	00:56:15	10.24	05:51
85	730	Bakelants	Mirthe	Scherpenheuvel	V17	CAD	ROBA	00:56:26	10.21	05:52
86	675	G�ng�r	Adem	Schaffen	M69	MAS+40		00:57:15	10.06	05:57
87	3006	De Ceuster	Robert	Diest	M70	MAS+80	Runningmates Halen	00:57:22	10.04	05:58
88	3014	Kestens	Sylvia	Bunsbeek	V18	MAS+55		00:57:44	9.98	06:00
89	663	Coomans	Ingo	Diest	M71	MAS+50		00:57:54	9.95	06:01
90	696	Tiri	Louise	Diest	V19	SCH	ROBA	00:59:42	9.65	06:13
91	719	Dendas	Jolijn	Diest	V20	SCH	ROBA	00:59:42	9.65	06:13
92	692	Scheers	Katleen		V21	MAS+45		01:02:18	9.25	06:29
93	698	Van der Beken	Wouter	Tienen	M72	MAS+50		01:02:21	9.24	06:29
94	723	Mellaerts	Eddy	Keerbergen	M73	MAS+55		01:02:24	9.23	06:30
95	3025	Croux	Kevin	Rotselaar	M74	SEN		01:03:19	9.1	06:35
96	3001	Vangheluwe	Yves	Houwaart	M75	MAS+45	3001	01:04:08	8.98	06:40
97	701	Vandeweyer	Emmy	Schaffen	V22	SEN		01:04:33	8.92	06:43
98	737	Theunis	Lucy	Geetbets	V23	SEN		01:05:21	8.81	06:48