

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club
1	15	Helsen	Matho	Rillaar	M1	BEN	
2	24	Aerts	Elise	Baal	V1	BEN	
3	9	Brosens	Lex	Tremelo	M2	BEN	
4	14	Verschooten	Lili	Heist o/d Berg	V2	BEN	AVZK
5	10	Cauwenbergh	Lia	Tremelo	V3	BEN	
6	18	Frederickx	Finn	Gelrode	M3	KAN	ROBA Betekom
7	13	Verschooten	Fran	Heist o/d Berg	V4	BEN	AVZK
8	17	Diels	Liam	Heist o/d Berg	M4	KAN	
9	12	Vermeylen	Jexx	Baal	M5	KAN	
10	31	Tops	Nora	Westerlo	V5	BEN	
11	20	Eraly	Sem	Schriek	M6	KAN	
12	27	Haeyaert	Flore	Betekom	V6	KAN	
13	30	Van vlasselaer	Kobe	Tremelo	M7	KAN	
14	11	Vermeylen	Elai	Baal	M8	KAN	
15	19	Eraly	Ches	Schriek	M9	BEN	
16	21	Peleman	Luis	Boischot	M10	KAN	
17	26	Van Loo	Liz	Langdorp	V7	KAN	
18	33	Slangmolen	Anton	Keerbergen	M11	KAN	
19	32	Goris	Gust	Tremelo	M12	KAN	
20	16	Van Bael	Céril	Hallaar	M13	KAN	
21	23	Verhaert	Maxine	Averbode	V8	KAN	
22	25	Van de Wille	Louis	Tremelo	M14	KAN	
23	22	Truyens	Toto Junior	Baal	M15	KAN	Shooters Tremelo
24	28	Boon	Jacob	Langdorp	M16	KAN	
25	29	Boon	Floris	Langdorp	M17	KAN	
26	6	Bennis	Kyda	Mechelen	V9	KAN	

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club
1	61	Caes	Mats	Baal	M1	PUP	
2	66	Slagmolen	Pim	Keerbergen	M2	BEN	
3	64	Mertens	Jill	Zichem	V1	BEN	
4	60	Jacobs	Marilyn	Tremelo	V2	BEN	
5	63	Verhoeven Eskens	Matilda	Tremelo	M3	KAN	
6	65	De Cock	Elias	Heverlee	M4	KAN	Team De Cock
7	62	Verhoeven Eskens	Oliver	Tremelo	M5	KAN	

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club
1	150	Soens	Jack	Tremelo	M1	PUP	
2	144	Cools	Axel	Averbode	M2	PUP	ROBA
3	147	Thomas	Liam	Tremelo	M3	PUP	
4	145	Fobelets	Simon	Rillaar	M4	BEN	
5	143	Van Herpe	Maude	Bonheiden	V1	PUP	BONH
6	148	Delmé	Noor	Ramsel	V2	MIN	
7	146	Thomas	Sem	Tremelo	M5	BEN	

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	1232	Croonen	Yarrick	Rotselaar	M1	SEN		00:08:43	17.21	03:29
2	1229	De Proost	Steven	Betekom	M2	MAS+50	ROBA	00:08:45	17.14	03:30
3	1225	Smulders	Stijn	Muizen	M3	MAS+35	Brokkenlopers	00:08:46	17.11	03:30
4	1222	De Cock	Nico	Baal	M4	MAS+45		00:08:57	16.76	03:34
5	1218	Mans	Dylan	Testelt	M5	CAD	Houtvenne	00:09:14	16.25	03:41
6	1221	Crabbe	Kevin	Reet	M6	MAS+35	Team Maïté & Fleur	00:09:33	15.71	03:49
7	1200	Geens	Bjorn	OLV-Waver	M7	MAS+40	Bonheiden AC	00:09:43	15.44	03:53
8	1210	Cools	Benno	Averbode	M8	MIN	ROBA Diest	00:09:45	15.38	03:54
9	1209	Cools	Stijn	Averbode	M9	MAS+40		00:09:46	15.36	03:54
10	1220	Rens	Lenn	Hulshout	M10	CAD	AC Hulshout	00:10:16	14.61	04:06
11	1215	Volders	Maarten	Bonheiden	M11	MIN	BONH	00:11:00	13.64	04:24
12	1226	De Cock	Lucas	Heverlee	M12	PUP	Team De Cock	00:11:15	13.33	04:30
13	1195	Andries	Lucas	St-Kat-Waver	M13	MIN	BONH	00:11:19	13.25	04:31
14	1196	Andries	Wesley	St-Kat-Waver	M14	MAS+45	BONH	00:11:20	13.24	04:32
15	1198	Cambré	Sandra	Herentals	V1	MAS+50	Coyote Sports Team	00:11:24	13.16	04:33
16	1217	Mertens	Cruz	Zichem	M15	PUP	ROBA	00:11:54	12.61	04:45
17	1219	Pauwels	Kobe	Aarschot	M16	CAD		00:11:59	12.52	04:47
18	1216	Volders	Bart	Bonheiden	M17	MAS+50	BONH	00:12:45	11.76	05:06
19	1204	Veltmans	Florian	Schriek	M18	MIN	KSV Schriek	00:13:03	11.49	05:13
20	1223	Delmé	Noor	Ramsel	V2	MIN		00:13:04	11.48	05:13
21	1235	Op de Beeck	Lotte	Ramsel	V3	SEN	Berglopers	00:13:34	11.06	05:25
22	1212	Van Vlasselaer	Rune	Tremelo	M19	MIN		00:13:35	11.04	05:26
23	1234	Goovaerts	Stella	Ramsel	V4	MAS+45	Berglopers	00:13:37	11.02	05:26
24	1231	Sijmus	Willy	Keerbergen	M20	MAS+70		00:13:45	10.91	05:30
25	1203	Van Der Aa	Karen	Heist o/d Berg	V5	MAS+40	AVZK	00:13:52	10.82	05:32
26	1236	Op de Beeck	Amber	Ramsel	V6	SEN	Berglopers	00:13:53	10.8	05:33
27	1214	Cumps	Chris	Aarschot	M21	MAS+65	Kapsalon Luc	00:14:14	10.54	05:41
28	1205	Veltmans	Lena	Schriek	V7	CAD	VOC Schriek	00:14:42	10.2	05:52
29	1224	Helsen	Lisa	Heist o/d Berg	V8	MIN		00:14:45	10.17	05:54
30	1208	Van Bael	Renée	Hallaar	V9	BEN		00:14:47	10.15	05:54
31	1228	Van Rompaey	Lowie	Booischoot	M22	BEN	AVZK	00:14:53	10.08	05:57
32	1227	Van Rompaey	Stephen	Booischoot	M23	MAS+35		00:14:55	10.06	05:58
33	1230	Mellaerts	Eddy	Keerbergen	M24	MAS+55		00:15:00	10	06:00
34	1197	Braem	Kelly	Izegem	V10	MAS+35		00:15:42	9.55	06:16
35	1211	Savoye	Alexander	Schriek	M25	MIN		00:16:38	9.02	06:39
36	1213	Thomas	Mats	Tremelo	M26	MIN		00:16:39	9.01	06:39
37	1207	Van Bael	Amélie	Hallaar	V11	BEN		00:17:41	8.48	07:04
38	1238	Van den Heuvel	Victor	Tremelo	M27	KAN		00:17:48	8.43	07:07
39	1237	Van Den Heuvel	Steven	Tremelo	M28	MAS+35		00:17:50	8.41	07:08
40	1206	De Cnodder	Steffi	Hallaar	V12	MAS+35		00:18:35	8.07	07:26
41	1201	Gielis	Ellen	Westerlo	V13	MAS+45	Berglopers	00:19:02	7.88	07:36
42	1233	Van De Veire	Nancy	Tremelo	V14	MAS+55		00:20:43	7.24	08:17
43	1199	De Weerd	Christel	Heist o/d Berg	V15	MAS+50	Berglopers	00:20:55	7.17	08:22
44	1202	Hölscher	Anita	Rumst	V16	MAS+65	Berglopers	00:20:56	7.17	08:22

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	159	Poncelet	Quentin	Hélécine	M1	MAS+35	Absolute Run Jog...	00:16:02	18.71	03:12
2	133	Kinders	Tommy	Paal	M2	MAS+35	Antwerp Athletics	00:16:06	18.63	03:13
3	132	Jorissen	Roel	Assent	M3	MAS+35	ACW	00:16:23	18.31	03:16
4	292	Wuyts	Lode	Werchter	M4	SEN	ROBA	00:16:55	17.73	03:23
5	201	Helsen	Michel	Rillaar	M5	MAS+40		00:17:06	17.54	03:25
6	265	Pelgrims	Tim	Landen	M6	MAS+35	HRC	00:17:23	17.26	03:28
7	104	De Rooy	Andy	Grobbendonk	M7	MAS+50	Coyote sports team	00:17:24	17.24	03:28
8	115	Dewil	Arne	Bonheiden	M8	JUN	BONH AC	00:17:24	17.24	03:28
9	244	Minnart	Glenn	Hoeleden	M9	SEN		00:17:34	17.08	03:30
10	194	Van Bael	Tim	Hallaar	M10	SEN		00:17:37	17.03	03:31
11	129	Huon	Fabian	Baal	M11	JUN	De Leeuwkes	00:17:43	16.93	03:32
12	224	Verschaeren	Geert	Heist o/d Berg	M12	MAS+45	AVZK	00:17:52	16.79	03:34
13	208	Verhaert	Gerry	Averbode	M13	MAS+40	AC Hulshout	00:17:53	16.78	03:34
14	110	De Vos	Tobias	Wezemaal	M14	CAD	ROBA	00:18:02	16.64	03:36
15	198	Deprez	Dieter	Aalst	M15	MAS+40		00:18:10	16.51	03:38
16	149	Mertens	Elias	Sint-Joost-ten-Node	M16	SEN		00:18:12	16.48	03:38
17	2005	Wouters	Chriske	Diest	M17	MAS+50	SQM Running Team	00:18:14	16.45	03:38
18	239	Maes	Melchior	Langdorp	M18	SCH		00:18:15	16.44	03:39
19	207	Van Rompaey	Nils	As	M19	JUN		00:18:19	16.38	03:39
20	287	Cumps	Stan	Ramsel	M20	SEN		00:18:20	16.36	03:40
21	240	Maes	Peter	Aarschot	M21	MAS+45	Irish Pub Dubh-Linn	00:18:24	16.3	03:40
22	235	Cuyvers	Jonas	Deurne	M22	JUN	De Windbrekers	00:18:28	16.25	03:41
23	2023	Deflem	Kenny	Tienen	M23	SEN	RCT	00:18:30	16.22	03:42
24	275	Smulders	Stijn	Muizen	M24	MAS+35	Brokkenlopers	00:18:38	16.1	03:43
25	222	Verlinden	Timo	Westmeerbeek	M25	JUN	AVZK	00:18:42	16.04	03:44
26	138	Lauwaert	Nina	Sint-Niklaas	V1	MAS+35	Smart-sport	00:18:44	16.01	03:44
27	2027	Van Santvoort	Thibo	Westerlo	M26	CAD	De Dorpspomp	00:18:52	15.9	03:46
28	2021	Sonck	Ruth	Tienen	V2	MAS+35	SQM Running Team	00:19:01	15.78	03:48
29	279	Boucart	Warre	Bonheiden	M27	SEN		00:19:16	15.57	03:51
30	268	Jacobs	Lander	Tremelo	M28	SEN		00:19:19	15.53	03:51
31	195	Vervoort	Jinse	Noorderwijk	M29	SEN		00:19:24	15.46	03:52
32	217	Verhaegen	Raf	Betekom	M30	MAS+50	ROBA	00:19:36	15.31	03:55
33	216	Vloebergs	Jonas	Booischoot	M31	SEN		00:19:51	15.11	03:58
34	246	Van Ouytsel	Janne	Langdorp	V3	SEN		00:19:55	15.06	03:59
35	179	Vanden Bosch	Rudy	Holsbeek	M32	MAS+60	Kapsalon Luc	00:19:57	15.04	03:59
36	209	Lemmens	Steve	Langdorp	M33	MAS+50	AVZK	00:19:59	15.01	03:59
37	108	De Vos	Matteo	Wezemaal	M34	MIN		00:20:02	14.98	04:00
38	281	Nelissen	Robin	Werchter	M35	MAS+40	ROBA	00:20:03	14.96	04:00
39	282	Raets	Marc	Herenthout	M36	MAS+65		00:20:11	14.86	04:02
40	140	Lobbestael	Lander	Tremelo	M37	SEN		00:20:14	14.83	04:02
41	236	Peeters	Jimmy	Begijnendijk	M38	MAS+45	ROBA	00:20:15	14.81	04:03
42	238	Saenen	Tom	Tessengerlo	M39	MAS+50	Bosvrienden	00:20:16	14.8	04:03
43	264	Raskin	Lode	Diepenbeek	M40	MAS+55	GS Running Team	00:20:19	14.77	04:03
44	211	Helsen	Ward	Heist o/d Berg	M41	CAD		00:20:22	14.73	04:04
45	273	Torfs	Flor	Langdorp	M42	CAD	Duracell	00:20:28	14.66	04:05
46	2019	Depré	Jeroen	Oplinter	M43	SEN		00:20:32	14.61	04:06
47	83	Wuyten	Wim	Tremelo	M44	MAS+55	KineTremelo	00:20:53	14.37	04:10
48	321	Van Gestel	Liam	Tremelo	M45	MIN	OHL	00:20:56	14.33	04:11
49	305	Geerts	Tim	St-Kat-Waver	M46	MAS+40	Waver loopt	00:20:58	14.31	04:11
50	307	Verbraeken	Jasper	Schriek	M47	SEN		00:20:59	14.3	04:11

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
51	2017	Marteleur	Mischa	Langdorp	M48	MAS+50	Sportive Bike Team	00:21:01	14.27	04:12
52	134	Koekoekx	Ronny	OLV-Waver	M49	MAS+60	Bonheiden	00:21:02	14.26	04:12
53	196	Verhoeven	Joeri	Tremelo	M50	MAS+40		00:21:04	14.24	04:12
54	169	Stynen	Bart	Putte	M51	MAS+40	BONH	00:21:10	14.17	04:14
55	220	Tops	Gerwin	Westerlo	M52	MAS+40		00:21:26	14	04:17
56	291	Joly	Kobe	Rotselaar	M53	CAD		00:21:31	13.94	04:18
57	283	Raeymaekers	Ronald	Hulshout	M54	MAS+55	AC Hulshout	00:21:48	13.76	04:21
58	85	Augello	Adriano	Haasrode	M55	SEN		00:21:49	13.75	04:21
59	243	Willems	Tibe	Wezemaal	M56	CAD		00:21:59	13.65	04:23
60	311	Sneyers	Jari	Averbode	M57	MIN	Thes Sport	00:22:01	13.63	04:24
61	117	Fontejn	Alexander	Tremelo	M58	MIN		00:22:02	13.62	04:24
62	312	Sneyers	Ken	Averbode	M59	MAS+35		00:22:03	13.61	04:24
63	245	Haspeslagh	Freddy	Gelrode	M60	MAS+60	Sportiva Gelrode	00:22:04	13.6	04:24
64	107	De Vos	Bart	Wezemaal	M61	MAS+35		00:22:05	13.58	04:25
65	215	Van Braband	Pieter	Tremelo	M62	MAS+35		00:22:08	13.55	04:25
66	280	Heylen	Guy	Bouwel	M63	MAS+60		00:22:16	13.47	04:27
67	270	Van Loo	Sharona	Grootlo	V4	MAS+35		00:22:26	13.37	04:29
68	158	Peeters	Kenzo	Aarschot	M64	SEN		00:22:31	13.32	04:30
69	260	Van Looy	Kristel	Schriek	V5	MAS+55	ROBA	00:22:31	13.32	04:30
70	184	Verachttert	Killian	Turnhout	M65	SCH		00:22:34	13.29	04:30
71	219	Segers	Filip	Tildonk	M66	MAS+50	Hanewijkjoggers	00:22:39	13.25	04:31
72	199	Beynaerts	Kim	Begijnendijk	M67	MAS+40		00:22:42	13.22	04:32
73	141	Luyten	Karen	Langdorp	V6	SEN	Den egger loperS...	00:22:44	13.2	04:32
74	96	Ceulemans	Sander	Begijnendijk	M68	CAD	ROBA	00:22:50	13.14	04:34
75	223	Janssens	Bart	Nijlen	M69	MAS+45		00:22:54	13.1	04:34
76	128	Hoegaerts	Mathis	Tremelo	M70	PUP		00:22:55	13.09	04:35
77	86	Baetens	Alyssa	St-Kat-Waver	V7	SEN		00:22:56	13.08	04:35
78	94	Brosens	Steve	Tremelo	M71	MAS+40		00:22:57	13.07	04:35
79	165	Schellekens	Dirk	Vlimmeren	M72	MAS+60		00:22:59	13.05	04:35
80	148	Meeus	Katrien	Betekom	V8	SEN		00:23:01	13.03	04:36
81	172	Van den Acker	Paul	Heist o/d Berg	M73	MAS+60	AVZK	00:23:02	13.02	04:36
82	213	Boon	Pieter	Langdorp	M74	MAS+35		00:23:06	12.99	04:37
83	286	Van Roosendael	Simen	Booischot	M75	SEN		00:23:09	12.96	04:37
84	121	Gijsemans	Els	Wespelaar	V9	MAS+45	ROBA	00:23:14	12.91	04:38
85	231	Weckhuysen	Serge	Betekom	M76	MAS+50	ROBA Runners	00:23:14	12.91	04:38
86	248	Smeets	Niels	Herent	M77	CAD		00:23:16	12.89	04:39
87	226	Soutaer	Jannes	Beernem	M78	MAS+40	Extra Power	00:23:19	12.87	04:39
88	306	Prinson	Kenzie	Muizen	M79	SEN		00:23:22	12.84	04:40
89	87	Baetens	Shania	St-Kat-Waver	V10	SEN		00:23:23	12.83	04:40
90	293	Van Woensel	Onno	Hulshout	M80	SEN		00:23:29	12.78	04:41
91	193	Wyns	Jos	Heist o/d Berg	M81	MAS+70	Berglopers	00:23:30	12.77	04:42
92	182	Veltmans	Roel	Schriek	M82	MAS+35	KSV Schriek	00:23:31	12.76	04:42
93	274	Verheyden	Gunther	Bekkevoort	M83	MAS+45		00:23:33	12.74	04:42
94	289	Weyns	Leo	Heist o/d Berg	M84	MAS+70		00:23:34	12.73	04:42
95	302	Beynaerts	Dirk	Ramsel	M85	MAS+50	Routelopers	00:23:35	12.72	04:43
96	126	Goris	Len	Heist o/d Berg	M86	SEN		00:23:39	12.68	04:43
97	155	Nullens	Ward	Rotselaar	M87	SEN	Sportiva Gelrode	00:23:43	12.65	04:44
98	299	Barbe	Sven	Weerde	M88	MAS+45	Heidejogging tent	00:23:44	12.64	04:44
99	90	Bennis	Skander	Mechelen	M89	MAS+35		00:23:46	12.62	04:45
100	251	Vermeire	Fleur	Betekom	V11	MAS+45	ROBA Runners	00:23:48	12.61	04:45

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
101	122	Godderie	Elias	Tremelo	M90	CAD		00:23:50	12.59	04:46
102	259	Verherstraeten	Nick	Testelt	M91	MAS+35	De Dorpspomp	00:23:52	12.57	04:46
103	232	Heiremans	Katleen	Betekom	V12	MAS+50	ROBA Runners	00:23:57	12.53	04:47
104	300	Van der Hoeven	Hanne	Schriek	V13	SEN		00:23:59	12.51	04:47
105	93	Brockhoven	Korneel	Wilsele	M92	MIN		00:24:01	12.49	04:48
106	297	Goyvaerts	Nico	Ramsel	M93	MAS+55		00:24:05	12.46	04:49
107	272	Vervloet	Steven	Tremelo	M94	MAS+50		00:24:12	12.4	04:50
108	230	De Proost	Milan	Betekom	M95	SEN	7C Solarparken	00:24:14	12.38	04:50
109	285	Van Roosendael	Marc	Booischoot	M96	MAS+55		00:24:16	12.36	04:51
110	318	De Wit	Klara	Bunsbeek	V14	MAS+40		00:24:20	12.33	04:52
111	144	Makkink	Noah	Tremelo	M97	MIN		00:24:22	12.31	04:52
112	101	Coeckelberghs	Maëlle	Drieslinter	V15	MIN	Racing club Tienen	00:24:22	12.31	04:52
113	12	Saenen	Johan	Heist o/d Berg	M98	MAS+55	Berglopers	00:24:24	12.3	04:52
114	160	Rits	Mario	Hulshout	M99	MAS+50	Berglopers	00:24:25	12.29	04:53
115	323	Giacalone	Lorenzo	Tremelo	M100	SEN		00:24:34	12.21	04:54
116	103	De Coster	Nils	Wespelaar	M101	JUN		00:24:43	12.14	04:56
117	221	Willems	Marc	Baal	M102	MAS+55	Bowling Center Tr...	00:24:45	12.12	04:57
118	2004	Geleyn	Thieu	Bekkevoort	M103	MAS+45	Roba Diest	00:24:52	12.06	04:58
119	247	Schelfhout	Claire	Sint-Joost-ten-Node	V16	SEN		00:24:55	12.04	04:59
120	154	Nevelsteen	Staf	Booischoot	M104	MAS+70	Berglopers	00:24:56	12.03	04:59
121	153	Naets	Ivo	Itegem	M105	MAS+60	Berglopers	00:24:58	12.02	04:59
122	175	Van Loo	Sofie	Bonheiden	V17	MAS+45	BONH	00:25:00	12	05:00
123	130	Janssen	Luc	Bonheiden	M106	MAS+65	Bonheiden AC	00:25:06	11.95	05:01
124	278	Gijsemans	Leon	Wiekevorst	M107	KAN	AVZK	00:25:07	11.94	05:01
125	277	Gysemans	Dave	Wiekevorst	M108	MAS+40	Team Wikkeveust	00:25:09	11.93	05:01
126	237	Van den Broeck	Ivo	Tildonk	M109	MAS+60	Runners	00:25:11	11.91	05:02
127	120	Gijsemans	Ann	Tremelo	V18	MAS+40		00:25:18	11.86	05:03
128	131	Janssens	Evelien	Paal	V19	MAS+35	Antwerp Athletics	00:25:18	11.86	05:03
129	250	Geerkens	Oliver	Tremelo	M110	CAD		00:25:21	11.83	05:04
130	252	Op de Beeck	Stijn	Ramsel	M111	MAS+45	Berglopers	00:25:22	11.83	05:04
131	256	Rombaux	Eddy	Rillaar	M112	MAS+55	ROBA	00:25:30	11.76	05:06
132	113	Detrez	Kelly	Ramsel	V20	MAS+35	DRT Dorpspomp	00:25:34	11.73	05:06
133	234	Cools	Edwin	Tessengerlo	M113	MAS+65	Looi Schootse Jog...	00:25:35	11.73	05:07
134	206	Van Rompaey	Andre	Betekom	M114	MAS+70	Kapsalon Luc	00:25:38	11.7	05:07
135	142	Luyts	Emiel	Winksele	M115	MAS+65	Kapsalon Luc	00:25:53	11.59	05:10
136	203	Tollet	Evy	Haacht	V21	MAS+40		00:25:54	11.58	05:10
137	298	Verstraeten	Dave	Baal	M116	MAS+45		00:25:57	11.56	05:11
138	168	Strouwen	Bea	Alken	V22	MAS+55	ACA	00:25:58	11.55	05:11
139	263	Willems	Rawin	Rijmenam	M117	SEN		00:25:58	11.55	05:11
140	78	Hillaert	Inne	Mechelen	V23	SEN	KineTremelo	00:26:03	11.52	05:12
141	76	't Kint	Ilanthe	Mechelen	V24	SEN	KineTremelo	00:26:06	11.49	05:13
142	276	Van Reet	David	Westerlo	M118	SEN		00:26:06	11.49	05:13
143	316	Kerckhofs	Joyce	Berlaar	V25	SEN		00:26:18	11.41	05:15
144	111	Dehertogh	Marc	Tervuren	M119	MAS+55	Forza Vossem	00:26:28	11.34	05:17
145	261	De Wachter	Carine	Keerbergen	V26	MAS+60	Geshaalopers	00:26:31	11.31	05:18
146	185	Verachttert	Tim	Turnhout	M120	MAS+40		00:26:36	11.28	05:19
147	284	Roodhooft	Yasmine	Schriek	V27	SEN		00:26:48	11.19	05:21
148	262	Vanhove	Bert	Keerbergen	M121	MAS+60	Geshaalopers	00:26:53	11.16	05:22
149	322	Aerts	Rita	Putte	V28	MAS+65		00:26:54	11.15	05:22
150	99	Cleynhens	Karine	Tremelo	V29	MAS+55	Berglopers	00:27:01	11.1	05:24

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
151	170	Torfs	Benny	Itegem	M122	MAS+55	Berglopers	00:27:10	11.04	05:26
152	317	De Wit	Wannes	Boortmeerbeek	M123	MAS+40		00:27:11	11.04	05:26
153	161	Ruymen	Michel	Alken	M124	MAS+65	ACA	00:27:22	10.96	05:28
154	210	Delmé	Tom	Ramsel	M125	MAS+45		00:27:35	10.88	05:31
155	271	Van Dessel	Kevin	Schriek	M126	MAS+35		00:27:39	10.85	05:31
156	97	Christiaens	Artuur	Heist o/d Berg	M127	KAN	AVZK	00:27:50	10.78	05:34
157	98	Christiaens	Lieven	Heist o/d Berg	M128	MAS+35		00:27:51	10.77	05:34
158	189	Vermeylen	Roger	Boortmeerbeek	M129	MAS+65	Icarus	00:27:53	10.76	05:34
159	125	Goossens	Tibo	Tremelo	M130	SCH		00:27:57	10.73	05:35
160	202	Croonen	Eddy	Ramsel	M131	MAS+55	Kapsalon Luc	00:28:02	10.7	05:36
161	95	Ceulemans	Luna	Begijnendijk	V30	PUP	ROBA	00:28:17	10.61	05:39
162	100	Clijsters	Ruben	Schriek	M132	SEN		00:28:22	10.58	05:40
163	257	Habets	Mario	Pijpelheide	M133	MAS+50		00:28:26	10.55	05:41
164	212	Van Bael	Els	Heist o/d Berg	V31	MAS+40		00:28:28	10.54	05:41
165	2016	Fleurackers	Cato	Schriek	V32	SEN	DCPP	00:28:30	10.53	05:42
166	145	Makkink	Thibo	Tremelo	M134	PUP		00:28:35	10.5	05:43
167	143	Makkink	Fabian	Baal	M135	MAS+45		00:28:35	10.5	05:43
168	88	Balaev	Aleksander	Tremelo	M136	PUP		00:28:37	10.48	05:43
169	288	Vets	Siebe	Tremelo	M137	SEN		00:28:37	10.48	05:43
170	171	Uytterhoeven	Peter	Tremelo	M138	MAS+55	Berglopers	00:28:39	10.47	05:43
171	197	Potemans	Roger	Gelrode	M139	MAS+70	Sportiva Gelrode	00:28:42	10.45	05:44
172	304	Van Hecke	Kobe	Tremelo	M140	PUP		00:28:42	10.45	05:44
173	303	Van Aken	Wendy	Tremelo	V33	MAS+35		00:28:44	10.44	05:44
174	178	Vancampenhout	Guy	Vorselaar	M141	MAS+60		00:28:49	10.41	05:45
175	218	Vandendriessche	Annelies	Heverlee	V34	MAS+35	Team De Cock	00:28:56	10.37	05:47
176	266	Goossens	Lies'l	Putte	V35	SEN	Geshaalopers	00:28:59	10.35	05:47
177	114	Dewaele	Cella	Izegem	V36	PUP		00:29:02	10.33	05:48
178	116	Dubois	Chantal	Wervik	V37	MAS+65	Dapalo	00:29:03	10.33	05:48
179	310	Rosseels	Lotte	Langdorp	V38	SEN		00:29:03	10.33	05:48
180	204	Tollet	Robbe	Haacht	M142	SCH		00:29:06	10.31	05:49
181	225	Scheers	Silke	Heist o/d Berg	V39	SEN	Naturrusteam	00:29:11	10.28	05:50
182	315	Neefs	Bert	Gelrode	M143	MAS+60	Sportiva Gelrode	00:29:16	10.25	05:51
183	164	Scheers	Guido	Tremelo	M144	MAS+65		00:29:20	10.23	05:52
184	294	De Cock	Katrijn	Baal	V40	MAS+50		00:29:24	10.2	05:52
185	2018	Verstraeten	Annick	Langdorp	V41	MAS+50	Sportive Bike Team	00:29:27	10.19	05:53
186	173	Van Hove	Christine	Heist o/d Berg	V42	MAS+60		00:29:28	10.18	05:53
187	91	Bottu	Gert-Jan	Schriek	M145	SEN		00:29:33	10.15	05:54
188	267	Goossens	Francis	Grasherck	M146	MAS+60	Geshaalopers	00:29:45	10.08	05:57
189	309	Baumans	Daniel	Boischot	M147	MAS+50		00:29:46	10.08	05:57
190	176	Van Looy	Geert	Putte	M148	MAS+60	Geshaalopers	00:29:48	10.07	05:57
191	89	Balaev	Valentina	Tremelo	V43	PUP		00:29:54	10.03	05:58
192	2003	Amulius	Danny	Bekkevoort	M149	MAS+60		00:29:57	10.02	05:59
193	258	Verherstraeten	Raf	Herselt	M150	MAS+60	De Dorpspomp	00:30:03	9.98	06:00
194	253	Swankaert	Luc	Tremelo	M151	MAS+60		00:30:05	9.97	06:01
195	80	Mariën	Mario	Tremelo	M152	MAS+55	KineTremelo	00:30:07	9.96	06:01
196	314	Thomas	Eef	Begijnendijk	V44	MAS+45	Jos Derdinclub	00:30:11	9.94	06:02
197	313	Derdin	Jos	Houtvenne	M153	MAS+50	ROBA	00:30:12	9.93	06:02
198	190	Verschueren	Gerry	Heist o/d Berg	M154	MAS+45	Berglopers	00:30:13	9.93	06:02
199	181	Vanderheydt	Julie	Wilsele	V45	MAS+40		00:30:18	9.9	06:03
200	82	Winnepenninckx	Kenny	Tremelo	M155	CAD	KineTremelo	00:30:21	9.88	06:04

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
201	139	Lintermans	Eva	Tremelo	V46	MAS+40		00:30:24	9.87	06:04
202	2007	Guldolf	Dries	Aarschot	M156	MAS+35	Sportiva Gelrode	00:30:27	9.85	06:05
203	269	Van Nuffel	Louie	Baal	M157	SEN		00:30:33	9.82	06:06
204	2002	Van der Roost	Paulien	Schriek	V47	BEN		00:30:34	9.81	06:06
205	84	Aerts	Caroline	Tremelo	V48	MAS+35		00:30:35	9.81	06:07
206	118	Froyen	Heidi	Wezemaal	V49	MAS+40		00:30:37	9.8	06:07
207	174	Van Lier	Caroline	Schriek	V50	MAS+35		00:30:58	9.69	06:11
208	241	Roziers	Carl	Olen	M158	MAS+60		00:31:05	9.65	06:13
209	191	Vloeberghen	Frans	Hever	M159	MAS+80	Icarus	00:31:15	9.6	06:15
210	81	Rohmer	Benedict	Tremelo	V51	MAS+35	KineTremelo	00:31:22	9.56	06:16
211	77	De Smet	Kelly	Tremelo	V52	SEN	KineTremelo	00:31:23	9.56	06:16
212	79	Lelievre	Jimmy	Tremelo	M160	MAS+40	KineTremelo	00:31:28	9.53	06:17
213	249	Thijs	Lore	Herselt	V53	SEN		00:31:39	9.48	06:19
214	2001	Van Lier	Stefan	Tremelo	M161	MAS+65		00:31:41	9.47	06:20
215	105	De smedt	Heidi	Bonheiden	V54	MAS+35		00:31:59	9.38	06:23
216	290	Anthonis	Rudi	Tremelo	M162	MAS+60	Bowling Club Trem...	00:32:09	9.33	06:25
217	124	Goossens	Febe	Tremelo	V55	SEN		00:32:21	9.27	06:28
218	163	Samyn	Wendy	Putte	V56	MAS+45	BONH	00:32:31	9.23	06:30
219	301	Gijsemans	Michel	Heist op den Berg	M163	MAS+65	Dorpspomp	00:32:39	9.19	06:31
220	229	Van Keer	Xander	Baal	M164	SEN	7C Solarparken	00:33:01	9.09	06:36
221	233	De Proost	Marie	Betekom	V57	JUN	7C Solarparken	00:33:02	9.08	06:36
222	200	Roelants	Myriam	Wezemaal	V58	MAS+65		00:33:04	9.07	06:36
223	186	Vermeulen	Lauranne	Hulshout	V59	JUN		00:33:11	9.04	06:38
224	242	Schoolmeesters	Michael	Kortenbergh	M165	MAS+40		00:33:52	8.86	06:46
225	177	Van Ouytsel	Jara	Baal	V60	SEN		00:33:54	8.85	06:46
226	205	Laureys	Sara	Hulshout	V61	MAS+35		00:34:11	8.78	06:50
227	119	Geleyens	Sarah		V62	SEN		00:34:13	8.77	06:50
228	150	Michiels	Griet	Geel	V63	MAS+70		00:34:19	8.74	06:51
229	188	Vermeulen	Stef	Hulshout	M166	MAS+45		00:34:21	8.73	06:52
230	255	Apiecioneck	Nicenty	Boechout	M167	MAS+75		00:34:22	8.73	06:52
231	214	Janssens	Sofie	Tremelo	V64	MAS+40		00:34:48	8.62	06:57
232	106	De Smeth	Michaël	Testelt	M168	SEN		00:35:07	8.54	07:01
233	157	Peeters	Cédric	Tremelo	M169	SEN		00:35:08	8.54	07:01
234	320	Van Elst	Marieke	Betekom	V65	SEN		00:35:13	8.52	07:02
235	296	Schoeters	Chantal	Baal	V66	MAS+55	Sportiva Gelrode	00:35:27	8.46	07:05
236	156	Op de Beeck	Suzy	Tremelo	V67	MAS+55	Berglopers	00:35:42	8.4	07:08
237	192	Wouters	Vicky	Begijnendijk	V68	MAS+40	Sportiva Gelrode	00:36:18	8.26	07:15
238	92	Brebels	Moniek	Tremelo	V69	MAS+60		00:36:24	8.24	07:16
239	136	Kwanten	Lies	OLV-Waver	V70	MAS+35	Bonheiden AC	00:36:46	8.16	07:21
240	228	Zhang	Sam	China	M170	SEN	SunPro	00:36:58	8.12	07:23
241	227	Wang	Helen	China	V71	MAS+35	SunPro	00:37:00	8.11	07:24
242	295	Ghion	Veerle	Mechelen	V72	MAS+40		00:37:13	8.06	07:26
243	183	Verachttert	Kaylee	Turnhout	V73	CAD		00:37:17	8.05	07:27
244	147	Meeus	Annelies	Baal	V74	SEN		00:37:20	8.04	07:28
245	319	Vrijssen	Siegrid	Werchter	V75	MAS+45		00:37:39	7.97	07:31
246	308	Verschoote	Annelies	Aarschot	V76	MAS+45	Sportiva Gelrode	00:38:36	7.77	07:43

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	984	De Jonckheere	Antony	Heverlee	M1	SEN		00:32:28	18.48	03:14
2	563	Van Looy	Diego	Tremelo	M2	SEN	DVL Racing	00:33:06	18.13	03:18
3	519	De Preter	Niels	Heist o/d Berg	M3	SEN	AVZK	00:33:45	17.78	03:22
4	612	Bossuyt	Rik	Keerbergen	M4	SEN		00:34:09	17.57	03:24
5	604	Bosmans	Lukas	Tremelo	M5	MAS+35	PHNX	00:34:15	17.52	03:25
6	529	Heylen	Migel	Herselt	M6	SEN	FC Varenwinkel	00:34:18	17.49	03:25
7	562	Van Hese	Charlotte	Lier	V1	SEN	AVLL	00:34:18	17.49	03:25
8	567	Vanden Bosch	Bart	Holsbeek	M7	SEN	Kapsalon Luc	00:34:45	17.27	03:28
9	524	Demuyser	Thomas	Antwerpen	M8	MAS+35		00:35:09	17.07	03:30
10	527	Domen	Remco	Muizen	M9	SEN	AC Bonheiden	00:35:14	17.03	03:31
11	996	Huybrechts	Jurgen	Putte	M10	MAS+45	AVZK GEOGEENS	00:35:18	17	03:31
12	543	Poncelet	Quentin	Hélécine	M11	MAS+35	Absolute Run Jog...	00:35:23	16.96	03:32
13	556	Tavernier	Joris	Lier	M12	MAS+35	AVLL	00:35:28	16.92	03:32
14	993	Mans	Steve	Testelt	M13	MAS+40	#sqmrunningteam	00:35:43	16.8	03:34
15	588	Buelens	Stijn	Rotselaar	M14	SEN	ADD	00:35:44	16.79	03:34
16	980	De Decker	Clyde	Kapelle-op-den-Bos	M15	SEN		00:35:55	16.71	03:35
17	539	Mortier	Karel	Kessel Lo	M16	MAS+40	The Extra Mile	00:36:14	16.56	03:37
18	605	Lemmelyn	Ward	Tienen	M17	SEN		00:36:22	16.5	03:38
19	603	Weynants	Birger	Holsbeek	M18	MAS+40	PHNX	00:36:51	16.28	03:41
20	578	Verschoren	Senne	Heist o/d Berg	M19	SEN	Berglopers	00:37:01	16.21	03:42
21	3001	Wouters	Chriske	Diest	M20	MAS+50	SQM Running Team	00:37:07	16.17	03:42
22	990	Verschueren	Wesley	Putte	M21	MAS+35	Waver loopt	00:37:19	16.08	03:43
23	982	Pelgrims	Tim	Landen	M22	MAS+35	HRC	00:37:20	16.07	03:44
24	598	Lenaers	Tim	Rotselaar	M23	SEN		00:37:22	16.06	03:44
25	520	De Rooy	Andy	Grobbendonk	M24	MAS+50	Coyote sports team	00:37:45	15.89	03:46
26	594	Volckaerts	Guy	Aarschot	M25	MAS+40	Jogclub	00:37:49	15.87	03:46
27	3029	Trappeniers	Philip	Schaffen	M26	MAS+45	Triatlon Lummen	00:37:54	15.83	03:47
28	593	Claes	Hannes	Tienen	M27	MAS+35	RISC	00:38:03	15.77	03:48
29	515	Carrafiello	Thales	Leuven	M28	SEN		00:38:13	15.7	03:49
30	580	Asselberghs	Bert	Werchter	M29	MAS+35		00:38:44	15.49	03:52
31	3014	Verlinden	Herwig	Messelbroek	M30	MAS+60	RSCA	00:38:51	15.44	03:53
32	1000	Rom	Gert	Wilsele	M31	MAS+55	DCLA	00:39:12	15.31	03:55
33	978	Haemels	Arnout	Keerbergen	M32	SEN	Plak Move	00:39:38	15.14	03:57
34	621	Croonen	Yarrick	Rotselaar	M33	SEN		00:39:42	15.11	03:58
35	989	Van Der Hoeven	Guy	Schriek	M34	MAS+45		00:39:45	15.09	03:58
36	576	Sleeckx	Gijsbrecht	Heist o/d Berg	M35	MAS+45	AVZK	00:39:49	15.07	03:58
37	587	D'Hoore	Sam	Bertem	M36	SEN		00:40:13	14.92	04:01
38	599	Plevoets	Hendrik	Gingelom	M37	SEN	Atriac	00:40:17	14.89	04:01
39	581	Huybrechts	Els	Hever	V2	MAS+35	Icarus	00:40:32	14.8	04:03
40	596	Peeters	Dirk	Binkom	M38	MAS+55		00:40:37	14.77	04:03
41	552	Stijnen	David	Kozen	M39	MAS+50	AC Alken	00:41:22	14.5	04:08
42	516	Claes	Roel	Westmeerbeek	M40	MAS+40		00:41:28	14.47	04:08
43	997	Wuyts	Wim	Werchter	M41	MAS+50	ROBA	00:41:43	14.38	04:10
44	522	Dehaene	Toon	Leuven	M42	SEN		00:41:50	14.34	04:11
45	998	Warpy	Sven	Putte	M43	MAS+35	Waver Loopt	00:41:55	14.31	04:11
46	3028	Peeters	Karen	Schriek	V3	MAS+55	DCPP	00:42:03	14.27	04:12
47	592	Goedhuys	Toon	Langdorp	M44	CAD		00:42:53	13.99	04:17
48	523	del Marmol	Ernest	Etterbeek	M45	MIN		00:43:53	13.67	04:23
49	609	De Cock	Nico	Baal	M46	MAS+45		00:44:01	13.63	04:24
50	521	De Veirman	Lieven	Tremelo	M47	MAS+45		00:44:13	13.57	04:25

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
51	541	Palmans	Robbe	Baal	M48	SEN		00:44:21	13.53	04:26
52	546	Putseys	Tom	Rotselaar	M49	MIN		00:44:28	13.49	04:26
53	972	De Cock	Diederik	Heverlee	M50	MAS+35	Team De Cock	00:44:30	13.48	04:27
54	537	Lemmens	Ilona	Wilsele	V4	MAS+40	The Extra Mile	00:44:42	13.42	04:28
55	986	Keymeulen	Fade	Rotselaar	M51	SEN		00:44:55	13.36	04:29
56	545	Putseys	Raf	Rotselaar	M52	MAS+45		00:45:26	13.21	04:32
57	573	Wiewauters	Benny	Schoten	M53	MAS+40	Saludable	00:45:43	13.12	04:34
58	994	Verschuere	Frank	Pelt	M54	MAS+65		00:46:07	13.01	04:36
59	584	Bosmans	Marc	Beringen	M55	MAS+60		00:46:24	12.93	04:38
60	595	Vandamme	Veerle	Tremelo	V5	MAS+50	ROBA	00:46:40	12.86	04:40
61	597	De Schutter	Wim	Berlaar	M56	MAS+35		00:47:05	12.74	04:42
62	3005	Walravens	Mario	Nossegem	M57	MAS+50	Tessengerlo Group	00:47:32	12.62	04:45
63	590	Geurts	Joris	Lanaken	M58	MAS+35		00:47:44	12.57	04:46
64	509	Arnaud	Maheva	Tremelo	V6	SEN	ITM	00:47:59	12.5	04:47
65	3030	Vandenbroeck	Tom	Loksbergen	M59	MAS+45	DCLA-Halen	00:48:06	12.47	04:48
66	582	Bauwens	Patrick	Hever	M60	MAS+65	Icarus	00:48:19	12.42	04:49
67	619	Van der Hoeven	Jeannine	Keerbergen	V7	MAS+55	A-team	00:48:20	12.41	04:50
68	510	Bal	Greet	Zoersel	V8	MAS+50		00:48:24	12.4	04:50
69	620	Bijttebier	Sarah	Putte	V9	MAS+35	Geshaalopers	00:48:25	12.39	04:50
70	531	Huion	Vince	Keerbergen	M61	MIN		00:48:34	12.35	04:51
71	3015	Van Slycke	Sarah	Zoutleeuw	V10	MAS+45	DCLA Halen	00:48:54	12.27	04:53
72	557	Tempels	Bart		M62	MAS+50		00:49:01	12.24	04:54
73	975	Soutaer	Jannes	Beernem	M63	MAS+40	Extra Power	00:49:06	12.22	04:54
74	3004	Vermeulen	Jo	Wilsele	M64	MAS+45		00:49:20	12.16	04:56
75	608	Vekemans	Ellen	Boischot	V11	MAS+40	AVZK	00:49:27	12.13	04:56
76	615	O'Donnell	John	Averbode	M65	MAS+45		00:49:41	12.08	04:58
77	579	Oosters	Raf	Linden	M66	MAS+45	Extra Mile	00:49:44	12.06	04:58
78	602	Willms	Christina	Tremelo	V12	MAS+35	PHNX	00:50:00	12	05:00
79	622	Peeters	William	Tremelo	M67	SEN	VC Rijmenam	00:50:22	11.91	05:02
80	591	Vermaelen	Wendy	Holsbeek	V13	MAS+45	Kapsalon Luc	00:50:29	11.89	05:02
81	566	Van Steyvoort	Guy	Langdorp	M68	MAS+60		00:51:01	11.76	05:06
82	508	Wuyten	Wim	Tremelo	M69	MAS+55	KineTremelo	00:51:18	11.7	05:07
83	610	Vrolix	Erik	Kortenber	M70	MAS+55		00:51:24	11.67	05:08
84	3018	Severens	Herman	Langdorp	M71	MAS+55	Kapsalon Luc	00:51:27	11.66	05:08
85	617	Vanneste	Liesbeth	Bilzen	V14	MAS+35		00:51:28	11.66	05:08
86	611	Vrolix	Indy	Leuven	M72	SEN		00:51:30	11.65	05:09
87	525	Devyver	Pieter	Boortmeerbeek	M73	MAS+55	Icarus	00:51:38	11.62	05:09
88	991	Smets	Veerle	Aarschot	V15	MAS+40	ROBA	00:51:41	11.61	05:10
89	583	Vandenborne	Ilse	Beringen	V16	MAS+55		00:51:44	11.6	05:10
90	558	Thielens	Eric	Veltem-Beisem	M74	MAS+55	Team Fischer	00:51:49	11.58	05:10
91	970	De Veuster	Rune	Heist o/d Berg	M75	SCH	Shooters	00:51:59	11.54	05:11
92	513	Brockhoven	Jef	Wilsele	M76	PUP		00:52:01	11.53	05:12
93	976	Soete	Jürgen	Torhout	M77	MAS+50	Extra Power	00:52:03	11.53	05:12
94	507	Vermeulen	Erwin	Tremelo	M78	MAS+60	KineTremelo	00:52:09	11.51	05:12
95	995	Venstermans	Chris	Mechelen	M79	MAS+55	RAM	00:52:11	11.5	05:13
96	549	Schroeven	Kelly	Schriek	V17	SEN	Berglopers	00:52:15	11.48	05:13
97	532	Jagt	Bjorn	Beerzel	M80	MAS+40		00:52:27	11.44	05:14
98	613	Ottensborgs	Ben	Baal	M81	MAS+55	ROBA	00:52:37	11.4	05:15
99	568	Vanden Bosch	Debra		V18	MAS+40		00:52:42	11.39	05:16
100	544	Poot	An	Keerbergen	V19	MAS+45		00:52:51	11.35	05:17

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
101	512	Braem	Joël	Wervik	M82	MAS+65	DAPALO	00:53:00	11.32	05:18
102	616	Smeulders	Wim	Tremelo	M83	MAS+45		00:53:13	11.27	05:19
103	577	Van Wassenhoven	Bieze	Leuven	M84	MAS+65	Les Gazelles de B...	00:53:19	11.25	05:19
104	511	Balaev	Vlad	Tremelo	M85	MAS+40		00:53:26	11.23	05:20
105	985	Vanderhaegen	Joost		M86	MAS+40	RAM	00:53:42	11.17	05:22
106	988	Deherdt	Peter	Keerbergen	M87	MAS+40		00:53:44	11.17	05:22
107	502	Anthoon	Tuur	Schriek	M88	SCH	KineTremelo	00:54:10	11.08	05:25
108	618	Calders	Rudy	Aarschot	M89	MAS+55		00:54:15	11.06	05:25
109	550	Smits	Kevin	Bonheiden	M90	MAS+35		00:54:16	11.06	05:25
110	601	Robert	Kim	Hoegaarden	V20	SEN	Hoegaarden Tenni...	00:54:28	11.02	05:26
111	600	Robert	Peter	Hoegaarden	M91	MAS+50	Hoegaarden Tenni...	00:54:29	11.01	05:26
112	534	Latet	Robin	Begijnendijk	M92	SEN		00:54:45	10.96	05:28
113	974	Laurens	Ellen	Hulshout	V21	MAS+45	AC Hulshout	00:54:53	10.93	05:29
114	559	Timmermans	Thibaut	Putte	M93	SEN		00:55:37	10.79	05:33
115	585	Croes	Dave	Haacht	M94	MAS+40	ROBA	00:55:44	10.77	05:34
116	553	Stroobants	Lisa	Aarschot	V22	SEN	Roba Runners	00:55:46	10.76	05:34
117	589	Liekens	Lukas	Tremelo	M95	SEN		00:55:59	10.72	05:35
118	526	Dewaele	Jelle	Izegem	M96	MAS+40		00:56:30	10.62	05:39
119	514	Cabuy	Paula	Geel	V23	MAS+60		00:56:36	10.6	05:39
120	554	Strouwen	Bea	Alken	V24	MAS+55	ACA	00:57:05	10.51	05:42
121	547	Ramaromanana	Hery	Kessel Lo	M97	MAS+45		00:57:38	10.41	05:45
122	983	Verdoodt	Koen	Baal	M98	MAS+60	ROBA	00:57:41	10.4	05:46
123	533	Janowski	Philippe	Tremelo	M99	MAS+55		00:58:22	10.28	05:50
124	977	Wang	Annie		V25	MAS+40	7C Solarparken S...	00:58:30	10.26	05:51
125	518	De Keyser	Kevin	Aarschot	M100	SEN		00:58:52	10.19	05:53
126	3031	Landuyt	Evelien	Loksbergen	V26	MAS+45	DCLA-Halen	00:59:43	10.05	05:58
127	3010	De Ceuster	Robert	Diest	M101	MAS+80	Runningmates Hal...	00:59:44	10.04	05:58
128	504	Santens	Tara	Tremelo	V27	MAS+35	KineTremelo	01:00:33	9.91	06:03
129	505	Van den Ende	Nick	Tremelo	M102	MAS+40	KineTremelo	01:00:33	9.91	06:03
130	607	Sol	Rudy	Betekom	M103	MAS+55	KC-team	01:02:33	9.59	06:15
131	606	Lefever	Koen	Wezemaal	M104	MAS+45		01:02:36	9.58	06:15
132	501	Anthoon	Hannah		V28	SEN	KineTremelo	01:03:03	9.52	06:18
133	503	Geenen	Koen		M105	MAS+60	KineTremelo	01:03:05	9.51	06:18
134	614	Foubert	Kathy	Haacht	V29	MAS+35	Icarus	01:04:14	9.34	06:25
135	973	Kryshmaru	Viktor	Ekeren	M106	MAS+60		01:05:13	9.2	06:31
136	979	De Proost	Ann	Betekom	V30	MAS+45	7C Solarparken	01:06:26	9.03	06:38
137	992	Van den Broeck	Sacha	Langdorp	V31	MAS+50	Sportiva Gelrode	01:07:03	8.95	06:42
138	506	Van Nuffel	Janni		V32	SEN	KineTremelo	01:07:23	8.9	06:44
139	586	Wolfs	An	Haacht	V33	MAS+45	ROBA	01:08:23	8.77	06:50
140	564	Van Nuffel	Louie	Baal	M107	SEN		01:11:21	8.41	07:08
141	560	Van Duvel	Jessy	Tremelo	M108	SEN		01:11:24	8.4	07:08