

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club
1	16	Nédée	Maud	Molenstede	V1	KAN	
2	28	Korhtout	Fien	Tessengerlo	V2	KAN	
3	17	Van Gorp	Lisa	Testelt	V3	KAN	
4	32	Ceusters	Mauritz	Messelbroek	M1	KAN	ROBA
5	75	Ceusters	Amélia	Messelbroek	V4	BEN	ROBA
6	27	Beckens-Bonroy	Annabe	Diest	V5	KAN	
7	24	Verest	Ona	Schaffen	V6	KAN	
8	22	Henriouille	Victor	Webbekom	M2	KAN	
9	18	Vermeylen	Lester	Averbode	M3	KAN	
10	26	Sels	Sam	Diest	V7	KAN	
11	36	Biesmans	Quinn	Diest	M4	KAN	
12	35	Vliegen	Willem-Frederick	Diest	M5	KAN	
13	33	Cools	Lewis	Tessengerlo	M6	KAN	
14	23	Vandenbergh	Ceril	Diest	M7	KAN	
15	20	Smet	Ilan	Linkhout	M8	KAN	
16	21	Willekens	Kamil	Rotselaar	M9	KAN	
17	29	Korhtout	Mil	Tessengerlo	M10	KAN	
18	34	Cools	Vince	Tessengerlo	M11	KAN	
19	30	Devadder	Matteo	Landen	M12	KAN	
20	15	Hoornaert	Nova	Meensel-Kiezegem	V8	KAN	
21	25	Sels	Max	Diest	M13	KAN	
22	37	Vermaelen	Hanna	Holsbeek	V9	KAN	Sportiva Gelrode
23	31	Ceusters	Olivia	Messelbroek	V10	KAN	ROBA
24	19	Van Thienen	Jules	Ramsel	M14	KAN	

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club
1	79	Swinnen	Scout	Glabbeek	M1	BEN	
2	51	Bollen	Odile	Kortenaken	M2	BEN	Tienen
3	60	Peeters	Rune	Binkom	M3	BEN	RCT
4	72	Vangossum	Lobke	Kaggevinne	V1	BEN	
5	77	Nulens	Pieter	Diest	M4	BEN	ROBA
6	65	Vandermeeren	Stan	Lubbeek	M5	KAN	
7	64	Vandereyken	Noor	Schaffen	V2	BEN	
8	53	Cuypers	Rik	Zichem	M6	BEN	
9	71	Vandenbergh	Remi	Diest	M7	KAN	
10	57	Mutert	Anna	Diest	V3	BEN	ROBA
11	59	Peeters	Mads	Diest	M8	BEN	
12	55	Exelmans	Scot	Webbekom	M9	BEN	
13	76	Stryckmans	Alex	Assent	M10	BEN	ROBA
14	63	Van Gorp	Wout	Testelt	M11	BEN	
15	70	Helsen	Fons	Laakdal	M12	KAN	
16	69	Maukissen	Tobias	Zonhoven	M13	KAN	
17	56	Gombeer	Mon	Webbekom	M14	KAN	
18	61	Poelmans	Sep	Diest	M15	KAN	
19	58	Nédée	Timo	Molenstede	M16	KAN	ROBA
20	62	Speelmans	Cosette	Diest	V4	BEN	
21	66	Willekens	Leon	Wezemaal	M17	KAN	
22	52	Bruijneel	Wanne	Diest	M18	BEN	
23	74	Beckens-Bonroy	Annabe	Diest	V5	KAN	
24	75	Ceusters	Amélia	Messelbroek	V6	BEN	ROBA
25	54	Ducombe	Cilou	Molenstede	V7	KAN	
26	80	Meersman	Mila	Kaggevinne	V8	BEN	
27	73	Simons	Josefien	Webbekom	V9	KAN	
28	67	Simons	Josephine	Paal	V10	KAN	
29	68	Henrioulle	Victor	Webbekom	M19	KAN	
30	100	Putseys	Rozan	Schaffen	V11	KAN	

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club
1	170	Cools	Benno	Averbode	M1	MIN	ROBA Diest
2	168	Bollen	Roger	Kortenaken	M2	PUP	Tienen
3	199	Vandereyken	Tuur	Schaffen	M3	PUP	ROBA Diest
4	177	Gombeer	Lou	Webbekom	M4	PUP	
5	179	Dekeyser	Lana	Kaggevinne	V1	PUP	ROBA
6	200	Wittevrouw	Nora	Diest	V2	PUP	ROBA Diest
7	196	Speelmans	Jack	Diest	M5	PUP	ROBA
8	173	De Dobbeleer	Mats	Diest	M6	MIN	ROBA Diest
9	178	Vangossum	Charlotte	Kaggevinne	V3	PUP	ROBA
10	176	Exelmans	Bono	Webbekom	M7	PUP	
11	175	Ducomble	Celle	Molenstede	M8	PUP	
12	194	Mertens	Cruz	Zichem	M9	PUP	ROBA
13	167	Bensch	Lotte	Diest	V4	PUP	ROBA
14	169	Celis	Aline	Diest	V5	PUP	
15	180	Lambrechts	Stella	Diest	V6	PUP	ROBA
16	172	De Dobbeleer	Gitte	Diest	V7	PUP	ROBA Diest
17	174	De Meyer	Lotte	Kersbeek-Miskom	V8	PUP	DCLA-Halen
18	193	Leemans	Viktor	Schaffen	M10	PUP	ROBA
19	195	Poelmans	Marit	Diest	V9	PUP	
20	171	Cuypers	Sam	Zichem	V10	PUP	

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	394	Vanderbruggen	Arjen	Zoutleeuw	M1	SEN	t3ack	00:16:42	17.96	03:20
2	385	Devadder	Koen	Landen	M2	SEN		00:16:50	17.82	03:22
3	314	Mans	Steve	Testelt	M3	MAS+40	Sqmrunningteam	00:16:51	17.8	03:22
4	311	Lambrechts	Joris	Diest	M4	MAS+35	ROBA	00:16:52	17.79	03:22
5	379	Philips	Glenn	Denderleeuw	M5	SEN	Running Team B...	00:17:14	17.41	03:26
6	327	Van De Gaer	Wesley	Averbode	M6	MAS+40	Boothyvision	00:17:16	17.37	03:27
7	406	Wouters	Alexander	Paal	M7	SEN		00:17:19	17.32	03:27
8	356	De Rooy	Andy	Grobbendonk	M8	MAS+45	Coyote Sports T...	00:17:24	17.24	03:28
9	300	Dillen	Bram	Kaggevinne	M9	JUN		00:17:27	17.19	03:29
10	365	Prenen	Tom	Herent	M10	MAS+40	Acko	00:17:30	17.14	03:30
11	349	Willems	Gandert	Lubbeek	M11	SEN		00:17:46	16.89	03:33
12	373	Perdieus	Joeri	Langdorp	M12	SEN	ROBA	00:17:51	16.81	03:34
13	2012	Cuyvers	Jonas	Tessengerlo	M13	SCH	De Windbrekers	00:17:52	16.79	03:34
14	393	Vanherck	Senne	Zoutleeuw	M14	SEN		00:18:20	16.36	03:40
15	318	Smeyers	Kobe	Schaffen	M15	SCH	ROBA	00:18:24	16.3	03:40
16	2007	Artoos	Tom	Molenstede	M16	MAS+45	Roba	00:18:30	16.22	03:42
17	2015	De Proost	Steven	Begijnendijk	M17	MAS+45	ROBA	00:18:33	16.17	03:42
18	2002	Peetermans	Matthias	Zoutleeuw	M18	MAS+35	E-FIT CENTER...	00:18:34	16.16	03:42
19	2016	Vandenbrande	Steven	Bierbeek	M19	MAS+35	TDL	00:18:37	16.11	03:43
20	345	Vissers	Sven	Eindhout	M20	JUN	Looise AV	00:18:42	16.04	03:44
21	334	Vandeput	Ward	Diest	M21	SCH	ROBA	00:18:47	15.97	03:45
22	348	Willems	Elden	Lubbeek	M22	SEN		00:18:53	15.89	03:46
23	2001	Wouters	Chriske	Diest	M23	MAS+50	SQM Running te...	00:19:04	15.73	03:48
24	294	Coenen	Emily	Nieuwrode	V1	MAS+40	ROBA	00:19:16	15.57	03:51
25	391	Swinnen	Steve	Glabbeek	M24	MAS+40		00:19:24	15.46	03:52
26	377	Van Gossum	David	Diest	M25	MAS+35		00:19:28	15.41	03:53
27	414	Nelissen	Robin	Werchter	M26	MAS+40	ROBA	00:19:29	15.4	03:53
28	321	Sonck	Ruth	Tienen	V2	MAS+35	SQM Running T...	00:19:41	15.24	03:56
29	366	Prenen	Yarne	Herent	M27	SCH	ACKO	00:19:47	15.16	03:57
30	340	Vaninbrouckx	Tijl	Diest	M28	CAD	ROBA Diest	00:19:55	15.06	03:59
31	284	Artoos	Bent	Molenstede	M29	CAD	ROBA	00:20:00	15	04:00
32	292	Celis	Lowie	Diest	M30	MIN	ROBA	00:20:02	14.98	04:00
33	347	Wens	Greet	Scherpenheuvel	V3	MAS+40		00:20:21	14.74	04:04
34	2008	Janssens	Jarne	Loksbergen	M31	SCH	De Windbrekers	00:20:30	14.63	04:06
35	390	Vandermaesen	Ivo	Schaffen	M32	MAS+60	DCLA-Halen	00:20:35	14.57	04:07
36	316	Nulens	Jana	Diest	V4	CAD	ROBA Diest	00:20:36	14.56	04:07
37	2017	Deflem	Kenny	Tienen	M33	SEN	RCT	00:20:38	14.54	04:07
38	359	Van De Kerkhove	Peter	Tielt-Winge	M34	MAS+55	ROBA	00:20:40	14.52	04:08
39	364	Vlaeyen	Cynthia	Diest	V5	SEN		00:20:46	14.45	04:09
40	395	Aertgeerts	Daan	Testelt	M35	MIN	ROBA	00:20:49	14.41	04:09
41	421	Rijnders	Kasper	Ramsel	M36	CAD	ROBA	00:21:06	14.22	04:13
42	392	Geudens	Bernard	Westerlo	M37	SEN		00:21:12	14.15	04:14
43	376	Verest	Bart	Schaffen	M38	SEN		00:21:13	14.14	04:14
44	407	Waterschoot	Neal	Lummen	M39	SEN	DCLA Halen	00:21:24	14.02	04:16
45	380	Philips	Tara	Denderleeuw	V6	SEN	Running Team B...	00:21:40	13.85	04:20
46	375	Korthout	Nils	Tessengerlo	M40	SEN		00:21:44	13.8	04:20
47	2006	Vermaelen	Roan	Molenbeek-Wersbeek	M41	MIN	RCT	00:21:55	13.69	04:23
48	2011	Gerrits	Thomas	Bekkevoort	M42	SEN		00:21:59	13.65	04:23
49	386	Pittevils	Luc	Testelt	M43	MAS+70	Looise	00:22:11	13.52	04:26
50	355	Weckx	Ferre	Kortenaken	M44	MIN	ROBA Diest	00:22:14	13.49	04:26

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
51	288	Bruijneel	Ghunter	Diest	M45	MAS+50		00:22:17	13.46	04:27
52	2004	Luyten	Björn	Zoutleeuw	M46	MAS+35		00:22:25	13.38	04:29
53	337	Vangoidsenhoven	Diziana	Vissenaken	V7	MAS+45		00:22:59	13.05	04:35
54	388	Branders	Filip	Molenbeek-Wersbeek	M47	MAS+35	Muggenberg	00:23:02	13.02	04:36
55	408	Willems	Sara	Halen	V8	MAS+45		00:23:04	13.01	04:36
56	329	Van den Broeck	Ivo	Tildonk	M48	MAS+60	ROBA	00:23:28	12.78	04:41
57	360	Declerck	Katie	Tielt-Winge	V9	MAS+50	ROBA	00:23:34	12.73	04:42
58	368	Hendrickx	Jannis	Diest	M49	SEN	Stad Diest	00:23:42	12.66	04:44
59	290	Cambré	Sandra	Herentals	V10	MAS+50	Coyote Sports T...	00:23:44	12.64	04:44
60	310	Lambert	Kelly	Nieuwrode	V11	MAS+35	Sportiva Gelrode	00:23:55	12.54	04:47
61	295	De Cock	Nico	Baal	M50	MAS+45	Sportiva Gelrode	00:23:57	12.53	04:47
62	315	Miseur	Manfred	Aarschot	M51	MAS+60	Sportiva Gelrode	00:23:58	12.52	04:47
63	352	Wilmaers	Kelly	Tielt-Winge	V12	MAS+40		00:23:59	12.51	04:47
64	415	Doms	Stijn	Geetbets	M52	MAS+35	Hogense Loop	00:24:02	12.48	04:48
65	287	Boone	Frederik	Diest	M53	MAS+50	ROBA	00:24:08	12.43	04:49
66	422	Cools	Benno	Averbode	M54	MIN	ROBA Diest	00:24:10	12.41	04:50
67	297	Dasque	Roos	Kersbeek-Miskom	V13	MAS+35	DCLA-Halen	00:24:24	12.3	04:52
68	357	Cools	Edwin	Tessengerlo	M55	MAS+65	Looi	00:24:33	12.22	04:54
69	319	Smeyers	Mats	Schaffen	M56	MIN	ROBA	00:24:42	12.15	04:56
70	374	Perdieus	Johan	Langdorp	M57	MAS+50	ROBA	00:24:43	12.14	04:56
71	307	Janssen	Finne	Diest	V14	MIN		00:24:47	12.1	04:57
72	308	Janssen	Jef	Diest	M58	MAS+40		00:24:49	12.09	04:57
73	389	Verheyden	Gunther	Bekkevoort	M59	MAS+45		00:24:52	12.06	04:58
74	396	Sools	Flor	Zichem	M60	CAD		00:25:03	11.98	05:00
75	413	Verhard	Nio	Morkhoven	M61	MIN	De Dorpspomp...	00:25:08	11.94	05:01
76	417	Bonroy	Max	Diest	M62	BEN	ROBA Diest	00:25:11	11.91	05:02
77	344	Vissers	Bjorn	Eindhout	M63	SCH	Looise AV	00:25:45	11.65	05:09
78	361	Raats	Ewout	Diest	V15	BEN		00:25:54	11.58	05:10
79	343	Verstraete	Peter	Grathem (NL)	M64	MAS+50		00:26:04	11.51	05:12
80	369	Dens	Laura	Diest	V16	SEN	Stad Diest	00:26:12	11.45	05:14
81	410	Meersman	Lucas	Kagevinne	M65	CAD		00:26:14	11.44	05:14
82	381	Simons	Arno	Webbekom	M66	BEN	ROBA Diest	00:26:38	11.26	05:19
83	412	Bak	Kristof	Aarschot	M67	MAS+45		00:26:51	11.17	05:22
84	291	Celis	Koen	Diest	M68	MAS+35		00:26:58	11.12	05:23
85	387	Prouve	Viktor	Diest	M69	MIN		00:27:11	11.04	05:26
86	402	Croonen	Eddy	Ramsel	M70	MAS+55	Kapsalon Luc	00:27:28	10.92	05:29
87	378	Van Emelen	Lisa	Diest	V17	CAD	ROBA	00:27:33	10.89	05:30
88	301	Dillen	Julie	Kagevinne	V18	CAD		00:27:35	10.88	05:31
89	339	Vanheer	Petra	Diest	V19	MAS+40		00:27:37	10.86	05:31
90	384	Vanbets	Ruben	Scherpenheuvel	M71	MAS+40		00:27:39	10.85	05:31
91	383	Vlaeminck	Seppe	Diest	M72	MAS+35		00:27:40	10.84	05:32
92	370	Waterschoot	Senne	Scherpenheuvel	M73	SEN	Stad Diest	00:27:42	10.83	05:32
93	331	Van Gelder	Inneke	Diest	V20	MAS+35	Bodystyling Diest	00:27:43	10.82	05:32
94	351	Willems	Vicky	Kersbeek-Miskom	V21	MAS+40		00:27:46	10.8	05:33
95	338	Vangrieken	Els	Diest	V22	MAS+40	Bodystyling Diest	00:27:51	10.77	05:34
96	2009	Decoene	Marta	Meensel-Kiezegem	V23	SEN		00:27:55	10.75	05:35
97	322	Strauven	Katrien	Schaffen	V24	MAS+35	Bodystyling Diest	00:27:56	10.74	05:35
98	367	Haekens	Jean-Marie	Bilzen	M74	MAS+55	Mattel en Spattel	00:27:59	10.72	05:35
99	296	De Meyer	Lena	Kersbeek-Miskom	V25	MIN	DCLA Halen	00:28:03	10.7	05:36
100	398	Sools	Maaïke	Zichem	V26	SCH		00:28:10	10.65	05:38

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
101	397	Sools	Freddy	Zichem	M75	MAS+55		00:28:12	10.64	05:38
102	328	Van den Baere	Sien		V27	SCH	Bodystyling Diest	00:28:16	10.61	05:39
103	281	Potemans	Roger	Gelrode	M76	MAS+65	Sportiva Gelrode	00:28:24	10.56	05:40
104	313	Lefevre	Inge	Kaggevinne	V28	MAS+50		00:28:34	10.5	05:42
105	958	Mutert	Kristof	Diest	M77	MAS+40		00:28:38	10.48	05:43
106	305	Guldolf	Dries	Aarschot	M78	SEN	Sportiva Gelrode	00:29:03	10.33	05:48
107	372	Simons	Loïc	Paal	M79	PUP	Beringse Atletiek...	00:29:06	10.31	05:49
108	382	Simons	Giel	Webbekom	M80	MAS+35		00:29:07	10.3	05:49
109	333	Vandenreyken	Katatrien		V29	MAS+45	Bodystyling Diest	00:29:08	10.3	05:49
110	405	Schonk	Vanessa	Tessengerlo	V30	MAS+40		00:29:10	10.29	05:50
111	282	Achten	Hannah	Diest	V31	PUP	ROBA Diest	00:29:23	10.21	05:52
112	416	Vaneekhout	Steve	Diest	M81	MAS+40		00:29:26	10.19	05:53
113	286	Bloemmen	Ulrike	Grathem (NL)	V32	MAS+40		00:29:28	10.18	05:53
114	409	Ooms	Frederique	Kaggevinne	V33	MAS+35		00:29:31	10.16	05:54
115	411	Meersman	Bram	Kaggevinne	M82	MAS+35		00:29:33	10.15	05:54
116	399	Moeurs	Elise	Scherpenheuvel	V34	PUP	ROBA Diest	00:29:34	10.15	05:54
117	317	Piskor	Cindy	Diest	V35	MAS+45		00:29:42	10.1	05:56
118	418	Bonroy	Eric	Diest	M83	MAS+40		00:29:56	10.02	05:59
119	362	Raats	Aaron	Diest	M84	PUP		00:30:05	9.97	06:01
120	363	Raats	Jochem	Schaffen	M85	MAS+35		00:30:07	9.96	06:01
121	400	Moeurs	Linde	Zichem	V36	PUP	ROBA Diest	00:30:14	9.92	06:02
122	401	Moeurs	Bart	Scherpenheuvel	M86	MAS+45		00:30:16	9.91	06:03
123	336	Vandyck	Yves	Rillaar	M87	MAS+50	Sportiva Gelrode	00:30:33	9.82	06:06
124	323	ten Napel	Derik	Werchter	M88	MAS+35		00:30:39	9.79	06:07
125	293	Claes	Marlies	Diest	V37	SEN		00:30:47	9.75	06:09
126	335	Vandeweyer	Leen		V38	MAS+45	Bodystyling Diest	00:31:07	9.64	06:13
127	325	Tuerlinckx	Jean-Luc	Scherpenheuvel	M89	MAS+60	Kapsalon Luc	00:31:09	9.63	06:13
128	303	Gervois	Pascal	Diest	M90	MAS+35		00:31:29	9.53	06:17
129	2018	Amulius	Danny	Bekkevoort	M91	MAS+60		00:31:37	9.49	06:19
130	371	Vranken	Sofie	Paal	V39	SEN		00:31:43	9.46	06:20
131	346	Vos	Debby	Kaggevinne	V40	MAS+35		00:31:45	9.45	06:21
132	320	Smolders	Lena	Schaffen	V41	BEN		00:32:03	9.36	06:24
133	289	Brutsaert	Lena	Schaffen	V42	SCH		00:32:04	9.36	06:24
134	330	Van den Broeck	Sacha	Langdorp	V43	MAS+50	Sportiva Gelrode	00:32:08	9.34	06:25
135	353	Wittevrouw	Maya	Diest	V44	SCH	ROBA Diest	00:32:09	9.33	06:25
136	342	Verpoorten	Rika	Deurne	V45	MAS+35		00:32:14	9.31	06:26
137	354	Curvers	Giselda	Diest	V46	MAS+40		00:32:19	9.28	06:27
138	2014	Jacobs	Jessica	Halen	V47	SEN		00:32:33	9.22	06:30
139	283	Achten	Isa	Diest	V48	MIN		00:32:36	9.2	06:31
140	285	Beckers	Charlotte	Schaffen	V49	MIN	ROBA Diest	00:33:03	9.08	06:36
141	324	Timmermans	Christine		V50	MAS+35	Bodystyling Diest	00:33:08	9.05	06:37
142	332	Van Herck	Joeri	Diest	M92	MAS+35		00:33:11	9.04	06:38
143	326	Van Belleghem	Sara	Diest	V51	MAS+40		00:33:13	9.03	06:38
144	419	Van Sweevelt	Lars	Diest	M93	MAS+45		00:33:39	8.92	06:43
145	420	Nuyts	Kristof	Diest	M94	MAS+45		00:33:41	8.91	06:44
146	309	Kennes	Ilse	Scherpenheuvel	V52	MAS+35	Bodystyling Diest	00:34:29	8.7	06:53
147	424	Ameye	Nanou	Diest	V53	SCH		00:35:38	8.42	07:07
148	423	Arnauts	Valentine	Diest	V54	SCH		00:35:40	8.41	07:08
149	2013	Gielis	Ellen	Westerlo	V55	MAS+40	Berglopers	00:37:33	7.99	07:30
150	350	Willems	Isabel	Diest	V56	MAS+45		00:40:03	7.49	08:00

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
151	302	Dreessen	Mirèse	Diest	V57	MAS+55	ROBA	00:40:27	7.42	08:05
152	404	Lenaerts	Amélie	Diest	V58	KAN		00:43:24	6.91	08:40
153	403	Lenaerts	Raf	Diest	M95	MAS+45		00:43:25	6.91	08:41

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	3005	Lemaitre	Loïc	Leuven	M1	MAS+35	De Jogclub	00:31:11	19.24	03:07
2	979	Van de Weyer	Jorre	Meerhout	M2	SEN	Kempisch Triatlon Team	00:31:36	18.99	03:09
3	972	Speltinckx	Kristof	Messelbroek	M3	MAS+45	ROBA - Resistance st...	00:35:15	17.02	03:31
4	508	De Rooy	Andy	Grobendonk	M4	MAS+45	Coyote Sports Team	00:35:30	16.9	03:33
5	503	Mans	Steve	Testelt	M5	MAS+40	Sqmrunningteam	00:36:29	16.45	03:38
6	3014	Paesmans	Tom	Bekkevoort	M6	MAS+45	RCT Tienen	00:36:45	16.33	03:40
7	512	Vanlommel	Tim	Laakdal	M7	MAS+45		00:36:53	16.27	03:41
8	3015	Paesmans	Anna	Bekkevoort	V1	SCH	RCT Tienen	00:36:59	16.22	03:41
9	3010	Theys	Kevin	Tienen	M8	MAS+40	SQM Running team	00:37:01	16.21	03:42
10	3003	Verlinden	Herwig	Messelbroek	M9	MAS+55	rsca	00:37:05	16.18	03:42
11	3008	Trappeniers	Philip	Schaffen	M10	MAS+40	Triatlonclub Lummen	00:37:16	16.1	03:43
12	3007	Suttels	Bart	Bekkevoort	M11	MAS+35	Go Like Hell	00:37:40	15.93	03:46
13	519	Van Vlasselaer	Benny	Schriek	M12	MAS+55	ROBA	00:37:42	15.92	03:46
14	509	Laureys	Kenneth	Morkhoven	M13	SEN	DRT De Dorpspomp	00:38:05	15.75	03:48
15	996	Waterschoot	Eric	Lummen	M14	MAS+55	Stad Diest	00:38:14	15.69	03:49
16	982	Van Gorp	Yves	Testelt	M15	MAS+35		00:38:29	15.59	03:50
17	957	Mosselman	Jelle	Diest	M16	MAS+40		00:38:46	15.48	03:52
18	978	Van De Gaer	Wesley	Averbode	M17	MAS+40	Boothyvision	00:38:59	15.39	03:53
19	3009	Wouters	Chriske	Diest	M18	MAS+50	SQM Running team	00:39:01	15.38	03:54
20	523	Hoskens	Benny	Laakdal	M19	MAS+55	Bosvrienden	00:39:21	15.25	03:56
21	947	Dewil	Bart	Diest	M20	MAS+50	ROBA	00:39:29	15.2	03:56
22	532	Hendrix	Kris	Testelt	M21	MAS+50	Weefberggrunners	00:40:13	14.92	04:01
23	521	Van Styvoort	Jan	Diest	M22	MAS+40		00:40:46	14.72	04:04
24	925	Bens	Arne	Tessenderlo	M23	SEN		00:41:10	14.57	04:07
25	959	Nulens	Tom	Diest	M24	MAS+40	ROBA Diest	00:41:12	14.56	04:07
26	963	Peeters	Karen	Schriek	V2	MAS+55	Bonheiden	00:41:38	14.41	04:09
27	961	Peeters	Ben	Diest	M25	MAS+35		00:41:42	14.39	04:10
28	962	Peeters	Dirk	Binkom	M26	MAS+55		00:41:43	14.38	04:10
29	989	Verbrigghe	Jos	Kampenhout	M27	MAS+65	ROBA	00:41:44	14.38	04:10
30	501	Hollebecq	Hannes	Diest	M28	MAS+40		00:42:08	14.24	04:12
31	3018	Verboven	Vincent	Zichem	M29	MAS+35	blijf lopen s-Z	00:42:24	14.15	04:14
32	955	Janssen	Liv	Diest	V3	CAD	ROBA Diest	00:42:41	14.06	04:16
33	983	Vanden Bosch	Rudy	Holsbeek	M30	MAS+60	Kapsalon Luc	00:43:07	13.92	04:18
34	515	Van Os	Daniële	Holsbeek	V4	MAS+35	Sportiva Gelrode	00:43:08	13.91	04:18
35	525	Van Hemelen	Paul	Scherpenheuvel	M31	MAS+55		00:43:10	13.9	04:19
36	945	Dendas	Jo	Kagevinne	M32	MAS+45	ROBA	00:43:42	13.73	04:22
37	516	Van Dingenen	Steven	Halen	M33	MAS+45	GS Runners	00:43:56	13.66	04:23
38	520	Degelaen	Dirk	Zichem	M34	MAS+45		00:44:03	13.62	04:24
39	998	Vande Reyde	Maurits	Diest	M35	MAS+35	Stad Diest	00:44:05	13.61	04:24
40	1000	Severi	Bart	Aarschot	M36	MAS+45	Stad Diest	00:44:09	13.59	04:24
41	526	Saenen	Tom	Tessenderlo	M37	MAS+45	Bosvrienden	00:44:10	13.58	04:25
42	3006	Van Aerschot	Dieter	Herent	M38	SEN	Terrasriders	00:44:18	13.54	04:25
43	987	Vanoppen	Yannick	Kortenaken	M39	SEN		00:44:32	13.47	04:27
44	977	Van Aerschot	Brent	Herent	M40	SEN		00:44:37	13.45	04:27
45	937	Cossio	Juan	Diest	M41	SEN		00:44:45	13.41	04:28
46	507	Pollet	Wim	Drieslinter	M42	MAS+45		00:44:58	13.34	04:29
47	517	Bergiers	Arthur	Diest	M43	SEN		00:45:00	13.33	04:30
48	531	Van De Kerkhof	Tom	Diest	M44	MAS+40		00:45:07	13.3	04:30
49	528	Laforle	San		M45	MAS+40		00:45:40	13.14	04:34
50	518	Van Looy	Kristel	Schriek	V5	MAS+50	ROBA	00:45:47	13.11	04:34



Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
51	3002	Vermeulen	Jo	Wilsele	M46	MAS+45		00:46:11	12.99	04:37
52	974	Swinnen	Brian	Molenstede	M47	SEN		00:46:17	12.96	04:37
53	1001	Van Dyck	Jonas	Diest	M48	SEN		00:46:17	12.96	04:37
54	967	Raeymaekers	Chantal	Holsbeek	V6	MAS+55	Kapsalon Luc	00:46:23	12.94	04:38
55	3012	Severens	Herman	Langdorp	M49	MAS+55		00:46:30	12.9	04:39
56	542	Van Dyck	Sander	Langdorp	M50	SEN		00:46:38	12.87	04:39
57	929	Biesmans	Frederik	Diest	M51	MAS+40		00:46:42	12.85	04:40
58	984	Vanden Elschen	Waldo	Nieuwrode	M52	MAS+50		00:46:59	12.77	04:41
59	965	Poelmans	Johan	Diest	M53	MAS+40		00:47:16	12.69	04:43
60	988	Vansimpson	Yamina	Diest	V7	SEN	ROBA Diest	00:47:30	12.63	04:45
61	535	Scheymans	Lars	Paal	M54	SEN		00:47:37	12.6	04:45
62	548	Zaboli	Jasper	Diest	M55	SEN		00:47:38	12.6	04:45
63	534	Dirkx	Jannik	Tielt-Winge	M56	MAS+40	ROBA	00:47:48	12.55	04:46
64	944	De Wit	Klara	Bunsbeek	V8	MAS+40	Sportiva Gelrode	00:47:58	12.51	04:47
65	513	Stassart	Koen	Nieuwerkerken	M57	MAS+40		00:48:02	12.49	04:48
66	3017	Stockmans	Jeroen	Bekkevoort	M58	SEN		00:48:06	12.47	04:48
67	990	Vermaelen	Wendy	Holsbeek	V9	MAS+45	Kapsalon Luc	00:48:27	12.38	04:50
68	514	Vermaelen	Johan	Holsbeek	M59	MAS+45	Sportiva Gelrode	00:48:29	12.38	04:50
69	524	Vandenborre	Boris	Zelem	M60	MAS+35		00:48:43	12.32	04:52
70	940	Cypers	Jo	Aarschot	M61	MAS+40	ROBA Diest	00:48:45	12.31	04:52
71	956	Luyts	Emiel	Winksele	M62	MAS+65	Kapsalon Luc	00:49:09	12.21	04:54
72	3001	Geleyn	Thieu	Bekkevoort	M63	MAS+45	ROBA Diest	00:49:15	12.18	04:55
73	927	Beutels	Bram	Diest	M64	MAS+35		00:49:17	12.17	04:55
74	973	Stroobants	Herman	Leuven	M65	MAS+55		00:49:40	12.08	04:58
75	502	De Smedt	Jasper	Scherpenheuvel	M66	SCH	ROBA Diest	00:50:05	11.98	05:00
76	954	Jacobs	Franky	Scherpenheuvel	M67	MAS+45		00:50:11	11.96	05:01
77	964	Peirelinck	Hanne	Diest	V10	MAS+35		00:50:41	11.84	05:04
78	543	Peeters	Nand	Kaggevinne	M68	SEN	Papkes	00:50:43	11.83	05:04
79	544	Verstraeten	Jens	Diest	M69	SEN		00:50:47	11.81	05:04
80	930	Boey	Giel	Tielt-Winge	M70	SEN		00:50:48	11.81	05:04
81	942	De Dobbeleer	Jan	Diest	M71	MAS+40		00:50:49	11.81	05:04
82	533	Collier	Roger	Diest	M72	MAS+45		00:50:51	11.8	05:05
83	547	Beckers	Paul	Kaggevinne	M73	MAS+60		00:50:53	11.79	05:05
84	951	Gevers	Kenneth		M74	SEN	Bodystyling Diest	00:51:00	11.76	05:06
85	529	Degraen	Wesley	Diest	M75	MAS+40		00:51:18	11.7	05:07
86	530	Aertgeerts	Bert	Diest	M76	MAS+45		00:51:20	11.69	05:08
87	933	Cespedes	Ann	Diest	V11	MAS+40		00:51:29	11.65	05:08
88	952	Huybrechts	Jelle	Zelem	M77	MAS+40		00:51:46	11.59	05:10
89	504	Sels	Bram	Diest	M78	MAS+35		00:52:44	11.38	05:16
90	976	Trappeniers	Alexander	Schaffen	M79	MIN	ROBA Diest	00:52:46	11.37	05:16
91	960	Ooms	Sophie	Schaffen	V12	MAS+40		00:52:59	11.32	05:17
92	536	Drijvers	Kris	Diest	M80	MAS+55		00:53:05	11.3	05:18
93	924	Beeckelaers	Hinko	Kessel Lo	M81	MAS+40		00:53:07	11.3	05:18
94	511	Cabuy	Paula	Geel	V13	MAS+60		00:53:23	11.24	05:20
95	928	Bex	Inge	Diest	V14	MAS+45		00:54:44	10.96	05:28
96	545	Cuffez	Myron	Antwerpen	M82	SEN		00:55:05	10.89	05:30
97	968	Roten	Bruno	Diest	M83	MAS+50		00:55:21	10.84	05:32
98	506	Werbrouck	Tom	Scherpenheuvel	M84	MAS+45		00:55:27	10.82	05:32
99	939	Crispeyn	Katrien	Diest	V15	MAS+40		00:55:37	10.79	05:33
100	546	Vandevorst	Nele	Diest	V16	MAS+35		00:55:40	10.78	05:34

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
101	540	De Wijngaert	Angélique	Messelbroek	V17	MAS+40	ROBA	00:55:42	10.77	05:34
102	922	Aerts	Sara	Schaffen	V18	MAS+40		00:56:43	10.58	05:40
103	992	Verweij	Elly	Schaffen	V19	MAS+50		00:56:45	10.57	05:40
104	932	Celis	Veronique	Diest	V20	MAS+35		00:58:13	10.31	05:49
105	527	Jacobs	Lore	Scherpenheuvel	V21	SEN		00:58:25	10.27	05:50
106	948	Eijckmans	Eric	Laakdal	M85	MAS+60		00:58:32	10.25	05:51
107	971	Smeulders	Natalie	Scherpenheuvel	V22	MAS+45		00:58:47	10.21	05:52
108	993	Vonckx	Caroline	Paal	V23	SEN		01:00:03	9.99	06:00
109	926	Bergmans	Ines	Diest	V24	SEN		01:00:04	9.99	06:00
110	935	Cleynhens	Karine	Tremelo	V25	MAS+55	Berglopers	01:00:41	9.89	06:04
111	953	Indigne	Dirk	Keerbergen	M86	MAS+60		01:00:43	9.88	06:04
112	943	De Rijcke	Tina	Zichem	V26	MAS+40	ROBA	01:00:58	9.84	06:05
113	936	Coppin	Tom	Zichem	M87	MAS+40	ROBA	01:00:59	9.84	06:05
114	946	Devos	Ester	Diest	V27	MAS+35		01:01:18	9.79	06:07
115	970	Siongers	Sofie	Lubbeek	V28	MAS+35		01:01:19	9.79	06:07
116	991	Vermeulen	Ester	Schaffen	V29	MAS+35		01:01:20	9.78	06:08
117	541	Vanroy	Sofia	Schaffen	V30	MAS+35		01:01:59	9.68	06:11
118	980	Van den Baere	Janne	Diest	V31	SEN	Bodystyling Diest	01:02:06	9.66	06:12
119	949	Es	Daphne	Diest	V32	MAS+45		01:03:46	9.41	06:22
120	537	Exelmansl	Riena	Tessengerlo	V33	SEN		01:04:21	9.32	06:26
121	538	Wellens	Maxime	Ham	V34	SEN		01:04:22	9.32	06:26
122	539	Moons	Astrid	Diest	V35	SEN		01:04:23	9.32	06:26
123	966	Raemaekers	Lore	Zichem	V36	SEN		01:04:25	9.31	06:26
124	510	Callewaert	Wim	Lubbeek	M88	MAS+60	DACL Leuven	01:05:07	9.21	06:30
125	975	Thielens	Damien		V37	SEN		01:05:10	9.21	06:31
126	934	Ceusters	Annelore	Averbode	V38	SEN		01:05:11	9.2	06:31
127	994	Boute	Gijs	Molenstede	M89	MAS+40	Stad Diest	01:06:20	9.05	06:38
128	969	Servaes	Lili	Scherpenheuvel	V39	MIN	ROBA Diest	01:07:36	8.88	06:45
129	522	Poelmans	Anna	Meldert	V40	MIN	ROBA	01:07:37	8.87	06:45
130	950	Gailliez	Anne-Sophie	Tessengerlo	V41	JUN		01:07:39	8.87	06:45